

Erin Mills Lodge

November 2024 Newsletter



Schlegel Villages – CONNECTIONS

Why we wear the poppy

After losing a friend in the 1915 Battle of Ypres along the Western Front of the First World War, a humble doctor was inspired by the loss of a friend and the red poppies that managed to grow throughout the desiccated battlefield.

Lt. Col. John McCrae would use that inspiration to write *In Flanders Fields*, the most iconic poem in the English language to honour the sacrifice of countless soldiers in the ongoing effort to preserve freedom. We hear the solemn beginning words each year:

*“In Flanders Fields the poppies blow,
between the crosses, row on row . . .”*

and we are transported to a terrible dark period that now only lives in history books and the memories passed down through generations.

The red poppy Canadians wear upon their lapels from the last Friday in October until we mark the end of that terrible war on November 11th symbolizes our commitment to always remember those who served, not only in that war but in those that followed and the times of peace we cherish.

The Royal Canadian Legion raises approximately \$20 million across the country each year through the annual Poppy Campaign. These funds directly support veterans and their families at a local level and help each Legion Branch ensure the words **“Lest We Forget”** carry the weight of remembrance always.

We wear the poppy with pride and gratitude, honouring those who give of themselves for the benefit of all.

*Our
freedom.
Their
sacrifice.*



November 11
Lest we forget

November Birthdays



Bob- Nov 6

Joyce- Nov 7

Genowefa- Nov 10

Lorenzo- Nov 14

Jan- Nov 23

Spirodon- Nov 25

**Birthday wishes to everyone
celebrating a birthday in
November. We hope you have a
wonderful day! From your EML
family and friends.**

November Events

Friday November 1- Diwali Celebration

2:30 In the Crooked-Q

Monday November 4, 18 & 25 -Concerts in Care

1:45 Hazel Lane

2:30 Erindale Place & Sheridan Way

November 6, 18, 27 - Chair Yoga with Shelia

10:30 In the Crooked-Q

Friday November 8-Hands on Exotics

2:30 In the Crooked-Q

Monday November 11- Remembrance Day Ceremony

10:30 In the Crooked-Q

November 12, 25- Art Class with Glynnis

10:30 Activity Room

Thursday November 14- Communion Service

10:30 In the Crooked-Q

Friday November 15- Entertainment with Susie-Q

10:30 In the Crooked-Q

Tuesday November 26- Birthday Party

2:30 In the Crooked-Q

Friday November 29- Skill Share Program with the kids

2:30 In the Activity room

Resident of the Month

Erindale Place



We are excited to share the resident of the month for October, and it's our good friend Mr. James Clarke! He is someone who is always happy, friendly, and makes everyone feel good here. His unwavering spirit and zest for life are truly inspiring. He has a remarkable ability to brighten the day of anyone he encounters, staff, and fellow residents alike. Whether it's engaging in lively conversations during group activities, sharing stories of his life experiences from Jamaica to all the way Canada, or offering a comforting presence to the other residents, James embodies the true essence of community.

As our resident of the month, James has not only exemplified kindness and compassion but has also been a source of strength and support to his fellow residents. His participation in various activities like group exercises, bowling, bingo, church services, stepping out programs, to gardening, has brought joy to our EML family. His dedication and cheerful personality have left an indelible mark on all of us. Your friendship and happiness make our family a vibrant place.

We celebrate you, Mr. James Clarke, as our resident of the month for October, and we thank you for being a wonderful part of our family. Congratulations!

Resident of the Month

Sheridan Way



Meet Florence “Grace” Coulter our resident of the month for October!!

Grace is our newest resident on the neighborhood and is getting along with the other resident and team members really well. She likes to participate in various group activities such as arts and crafts, musical moments and movies. She brings positive attitude and joy to our facility. Grace’s positive attitude and sense of togetherness with others serve as a shining example to all. She is very kind and generous and likes to observe everything that takes place in the village. We are proud to have her as the part of our family and we celebrate her positive outlook and kindness. Congratulations, Grace, and we hope you enjoy your stay here with us!!!

Resident of the Month

Hazel Lane

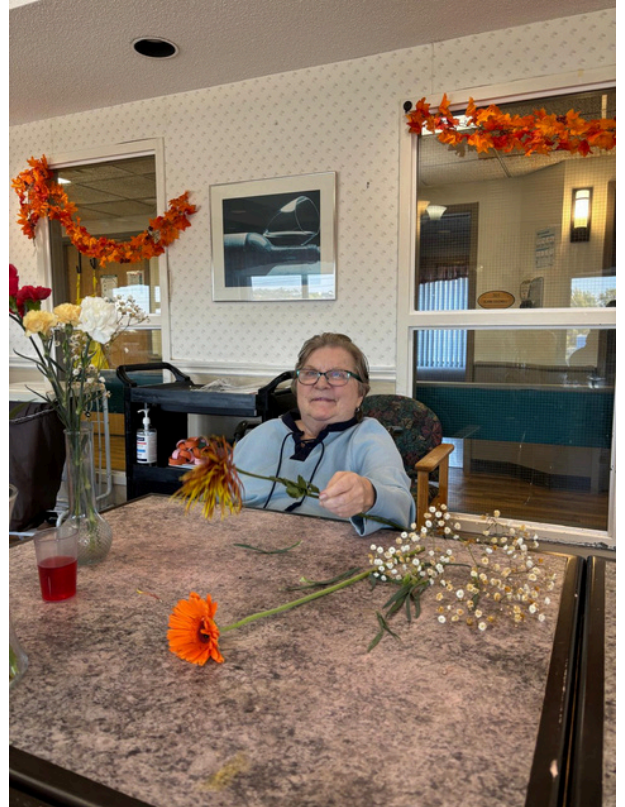


We are delighted to honor Ann Verwey as our resident of the month! Her sweet and polite personality makes her a beloved member of our small community at Erin Mills Lodge. Always eager to join in on activities, she brings a lot of enthusiasm and energy to her surroundings. Ann loves to chat and connect with other residents, making her a great friend to many. She has a wonderful way of sparking up the conversations and her welcoming attitude makes everyone feel included. In addition to her friendly demeanor, Ann takes great pride in keeping things neat and clean. Her attention to detail inspires those around her to maintain a tidy living space. It is clear that her enthusiasm for socialization and participation in activities along with her commitment to cleanliness creates a positive atmosphere that enhances our community. Thank you, Ann, for bringing such a bright light in our lives and for always bringing your cheerful spirit to everything you do! You make our community a better place for everyone, and we appreciate all the joy you bring. We are so glad to have you with us! Keep shining and inspiring others with your kind heart and friendly nature. Your efforts do not go unnoticed, and we are grateful for your contributions. Congratulations on being our Resident of the month and Thank you for being such a wonderful part of the community.

Critter Visits



Photos



Photos



Supporting your neighbours: Preventing social isolation

As we age, the risk of social isolation—a lack of meaningful contact with others—can increase. However, feeling disconnected doesn't have to be part of getting older.

Social isolation can negatively affect health and well-being. Older adults who are isolated may be more likely to fall, experience depression, struggle with daily tasks, and have difficulty thinking clearly. They are also at a higher risk of developing dementia and may visit the emergency department more frequently.

Staying connected is key to maintaining health and happiness. This can be achieved through personal connections, community programs, faith-based organizations, or social services. Reducing social isolation helps ensure a fulfilling life.

Signs of Social Isolation

How can you tell if a neighbour might be socially isolated? Here are some things to watch for:

- Have they mentioned feeling lonely or cut off from others?
- Are they getting dressed or staying in the same clothes/pajamas for long periods of time?
- Has their behaviour changed or have they recently stopped going to social events they used to enjoy?



How You Can Help

Sometimes, an older adult may just need someone to talk to. Other times, they may need more support. Here are a few ways you can make a difference:

- Be a friend—take time to listen and show you care.
- Recommend a community program or service.
- Check in with a visit or phone call.
- Introduce them to new social opportunities.
- Talk with their family or care partners to find out how you can support them.

Read the Supporting Your Neighbours: A Community Conversation Guide for more information about the health impacts of social isolation, signs to look out for, common barriers, and tips to help.

Subscribe to updates from the RIA at www.the-ria.ca/enews to stay up-to-date on the latest news, events, and helpful resources.

Schlegel Villages – CONNECTIONS



CONNECT*the DOTS*
The Schlegel Villages Customer Experience

Success Awards

In early October, leadership team members from across Schlegel Villages gathered in Niagara Falls for the organization's annual Operational Planning retreat. There were residents and family members among the crowd of more than 500 people, and their insights were fantastic, but we were also grateful for the invaluable contributions of the Village Success Award Winners who were also part of the event.

These amazing direct support team members were recognized at the Village level for their commitment to the five key values that define our Connect the Dots customer service credo:

Know Me; Earn Trust; Be Present; Follow Through; and Walk in My Shoes.

The dedication and commitment of these team members and the passion they bring to the Villages every day makes them the ideal experts to contribute to the upcoming operational goals of each Village. We're thankful for their leadership and all they do to inspire us all to live our values every day.



Congratulations
winners!

Erin Mills Lodge- Leadership Contact List

Navdeep Kaur Grewal General Manager	EXT 293
Elaine Eerkes, Director of Care	EXT 248
Pam Croucher, Assistant Director of Care/ IPAC	EXT 223
Narpinder Johal, Assistant Director of Care	EXT 215
Gurpreet Kaur, Assistant Director of Care	EXT 220
Ferdie Gonzales, Neighbourhood Coordinator	EXT 234
Alanah Kelly, Director of Recreation/ Volunteer Services	EXT 261
Khadija Atcha, Interim Food Service Manager	EXT 222
Richmond Ng, Environmental Services Manager	EXT 229
Kavita Rani, Neighbourhood Coordinator & Scheduling Coordinator	EXT 238
Angad Sidhu, Admin Coordinator emlltc.admin@schlegelvillages.com	EXT 262

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