

DECEMBER




Pollock

Legend

Do - Downey
Ha - Hagey
Jo - Johnston
Ma - Matthews
Po - Pollock

Wr - Wright
C - Chapel
CC - Community Centre
CY - Courtyard
FC - Fitness Centre

L - Library
MS - Main Street
RH - Retirement

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|--|---|--|
| 1 10:00 For the Soul 10:00 Calendar Hang-up 2:00 Neighbourhood Time | 2 2:30 Waterloo Chambers Choir (RH) 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC) | 3 9:00 Neighbourhood Time 9:30 Rosary (C) 10:30 Sit 'N Get Fit 2:00 Bingo (MS) 3:15 Tai Chi (FC) | 4 9:00 Neighbourhood Time 10:00 Contemplating Life with Mike (C) 1:15 Art with Sonal 2:00 Pub Afternoon (MS) 3:30 Balance Class (FC) 6:30 Documentary & Popcorn (C) | 5 9:30 Chapel Service (C) 10:30 Zumba (FC) 2:00 Green Thumbs 6:30 Active Games (MS)  | 6 9:00 Neighbourhood Time 1:30 Van Outing 3:30 Active Games (FC) 6:30 Crafting Club (CC)  | 7 9:00 Neighbourhood Time 10:30 Java Music 2:00 Family Games (MS) |
| 8 10:00 For the Soul 11:00 Stepping Out 2:00 Active Games 3:00 Reminiscing | 9 9:00 Neighbourhood Time 2:30 Calendar Planning and Bill of Rights Meeting 3:30 Manicures 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC) | 10 9:30 Rosary (C) 10:30 Village Updates (C) 10:30 Sit 'N Get Fit 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 In the Kitchen (CC) | 11 9:00 Neighbourhood Time 1:15 Art with Sonal 2-4pm Holiday Open House (MS) 3:30 Balance Class (FC) 6:30 Games Night (CC) | 12 9:30 Chapel Service (C) 10:30 Zumba (FC) 2:00 Green Thumbs 6:30 Active Games (MS) | 13 12:00 Christmas Parade 2:00 Christmas Science 3:30 Active Games (FC) 6:30 Crafting Club (CC) | 14 9:30 Neighbourhood Time 10:00 Weekend Perks 2:00 Entertainment (Wr)  |
| 15 10:00 For the Soul 11:00 Neighbourhood Time 2:00 Stepping Out | 16 8:30 Holiday Movie & Breakfast (RH) 3:00 Hello Pollock 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC) | 17 9:00 Neighbourhood Time Rosary (C) 10:30 Sit 'N Get Fit 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:00 Bus Outing | 18 Pollock PJ Day! 9:00 Neighbourhood Time 10:00 Contemplating Life with Mike (C) 1:15 Art with Sonal 1:30 Pollock Holiday Party! 3:30 Balance Class (FC) 6:30 Games Night (CC) | 19 9:30 Chapel Service (C) 10:30 Zumba (FC) 1:30 Bus Outing 2:00 Green Thumbs 2:00 Residents' Council (C) 6:30 Active Games (MS) | 20 9:00 Neighbourhood Time 2:00 Holiday Dance Party (MS) 6:30 Crafting Club (CC) | 21 First Day of Winter Dress in your Winter Wear! 9:00 Neighbourhood Time 10:30 Java Music 2:00 Entertainment (Do) |

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| 22 10:00 For the Soul 2:00 Relaxation 3:00 Build a gingerbread house  | 23 9:00 Neighbourhood Time 10:00 Gingerbread Houses (MS) 2:30 Holiday Hymns & Christmas Carol Karaoke! 6:30 Game Show Trivia (CC) | 24 10:00 Christmas Eve Service (C) 2:00 Bingo (MS) | 25 Christmas Day Dress in your fun Holiday Wear 9:30 Handing out Stockings 11:00 Java Music 2:00 Food Committee (C) 2:00 Interactive Nativity Story | 26 Boxing Day Pajama Day! 9:30 Brains & Banter 10:30 Exercise with Sarah (FC) 11:00 Christmas Crafts 2:00 Hello Pollock | 27 2:00 Neighbourhood Time 6:30 Crafting Club (CC) | 28 10:00 Weekend Perks 9:30 Neighbourhood Time 2:00 Entertainment (Jo) |
| 29 10:00 For the Soul 11:00 Neighbourhood Time 2:00 Hello Pollock! | 30 1:45 Hello Pollock 3:00 Brains and Banter 6:30 Game Show Trivia (CC) | 31 New Year's Eve Dress to Sparkle Day! 2:00 New Year's Eve Party (MS) |  | | | |

Entertainment:

December 4th - Entertainment by Jeff Poolton on Main Street
 December 14th - Entertainment with Dynamic Duo on Wright
 December 21st - Entertainment with Kevin Coates on Downey
 December 28th - Entertainment with Sheryl Walsh on Johnston

Outings:

Tuesday, December 17th: Gift of Lights (Bus)

Friday, December 6th: Country Drive (Van)

Thursday, December 19th: Gather at the Gallery (Bus)

Calendar Planning and Resident Bill of Rights

We invite you to attend this meeting on your neighbourhood. Learn about your Bill of Rights. Have your input as we plan next month's activities, programs, and outings!
 Hosted by your Recreation Team Member.

Your Recreation Team:

Full-Time - Summit
 Part-Time - Sydney