

DECEMBER

Matthews

Legend

Do - Downey
Ha - Hagey
Jo - Johnston
Ma - Matthews
Po - Pollock

Wr - Wright
C - Chapel
CC - Community Centre
CY - Courtyard
FC - Fitness Centre

L - Library
MS - Main Street
RH - Retirement

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Daily Perks 10:00 For the Soul 11:00 Brains and Banter 2:00 Card Games 3:00 You and Me	2 10:00 Green Thumbs 2:30 Waterloo Chambers Choir (RH) 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	3 9:30 Rosary (C) 10:30 For the Fun of Fit 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 Devotions (C)	4 10:00 Contemplating Life with Mike (C) 10:30 Sit 'N Get Fit (Wr) 10:45 Art with Sonal 2:00 Pub Afternoon (MS) 3:30 Balance Class (FC) 4:00 You and Me 6:30 Documentary & Popcorn (C)	5 9:00 You and Me 9:30 Chapel Service (C) 10:30 Zumba (FC) 11:00 In the Kitchen 2:00 Express Yourself 6:30 Active Games (MS)	6 9:00 Soothing Sensations 10:00 Bingo (Wr) 3:30 Active Games (FC) 6:30 Crafting Club (CC)	7 9:00 Neighbourhood Time 11:00 Movie/ Travelogue 2:00 Family Games (MS)
8 9:30 Daily Perks 10:00 For the Soul 11:00 Brains and Banter 2:00 Circle of Friends 3:00 You and Me	9 9:30 Neighbourhood Time 10:00 Green Thumbs 11:00 Travelogue 2:00 You and Me 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	10 9:00 Outing 9:30 Rosary (C) 2:00 Bingo (MS) 3:15 Tai Chi (FC) 3:30 Stepping Out 6:30 In the Kitchen (CC)	11 10:30 Sit 'N Get Fit (Wr) 10:45 Art with Sonal 2-4pm Holiday Open House (MS) 3:30 Balance Class (FC) 6:30 Games Night (CC)	12 9:30 Chapel Service (C) 10:30 Zumba (FC) 2:00 You and Me 6:30 Active Games (MS)	13 9:00 Soothing Sensations 10:00 Bingo (Wr) 2-4pm Matthew's Christmas Party 3:30 Active Games (FC) 6:30 Crafting Club (CC)	14 9:00 Neighbourhood Time 10:00 In the Kitchen 2:00 Entertainment (Wr) 3:15 Stepping Out
15 9:30 Daily Perks 10:00 For the Soul 11:00 Brains and Banter 2:00 Art and Craft 3:00 You and Me	16 8:30 Holiday Movie & Breakfast (RH) 9:30 Express Yourself 10:00 Green Thumbs 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	17 9:30 Rosary (C) 10:30 Residents Bill of Rights and Calendar Planning Meeting 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 Devotions (C)	18 10:00 Contemplating Life with Mike (C) 10:30 Sit 'N Get Fit (Wr) 10:45 Art with Sonal 3:30 Balance Class (FC) 6:30 Games Night (CC)	19 9:00 You and Me 9:30 Chapel Service (C) 10:30 Zumba (FC) 2:00 Residents' Council (C) 2:30 Express Yourself 6:30 Active Games (MS)	20 9:00 Soothing Sensations 10:00 Bingo (Wr) 2:00 Holiday Dance Party (MS) 6:30 Crafting Club (CC)	21 First Day of Winter Dress in your Winter Wear! 9:00 Neighbourhood Time 2:00 Entertainment (Do) 3:30 You and Me



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22 9:30 Daily Perks 10:00 For the Soul 11:00 Brains and Banter 2:00 Art and Craft 3:00 Stepping Out	23 9:30 Manicure 10:00 Green Thumbs 10:00 Gingerbread Houses (MS) 2:00 Karaoke 6:30 Game Show Trivia (CC)	24 10:00 Christmas Eve Chapel Service (C) 2:00 Bingo (MS) 3:30 You and Me	25 Christmas Day Dress in your fun Holiday Wear AM Stocking Delivery 11:00 Neighbourhood Time 2:00 Food Committee (C) 3:00 You and Me	26 Boxing Day Pajama Day! 9:30 Neighbourhood Time 10:30 Exercise with Sarah (FC) 2:00 Circle of Friends 3:00 Movie	27 9:00 Soothing Sensations 10:00 Bingo (Wr) 2:00 Express Yourself 6:30 Crafting Club (CC)	28 9:00 Neighbourhood Time 10:30 Art and Craft 3:30 You and Me 2:00 Entertainment (Jo)		
29 9:30 Daily Perks 10:00 For the Soul 11:00 Musical Moments 2:00 Circle of Friends 3:00 Stepping Out	30 9:30 Brains and Banter 11:00 Express Yourself 6:30 Game Show Trivia (CC)	31 New Year's Eve Dress to Sparkle Day! 9:30 Rosary (C) 10:00 Year in Review (C) 2:00 New Year's Eve Party (MS)						

Entertainment:

December 4th - Entertainment by Jeff Poolton on Main Street
 December 14th - Entertainment with Dynamic Duo on Wright
 December 21st - Entertainment with Kevin Coates on Downey
 December 28th - Entertainment with Sheryl Walsh on Johnston

Outings:

Tuesday, December 10th: Giant Tiger

Calendar Planning and Resident Bill of Rights

We invite you to attend this meeting on your neighbourhood. Learn about your Bill of Rights. Have your input as we plan next month's activities, programs, and outings!
 Hosted by your Recreation Team Member.

Your Recreation Team:

Full-Time - Harman

Part-Time -