

# DECEMBER

## Johnston

### Legend

Do - Downey  
Ha - Hagey  
Jo - Johnston  
Ma - Matthews  
Po - Pollock

Wr - Wright  
C - Chapel  
CC - Community Centre  
CY - Courtyard  
FC - Fitness Centre

L - Library  
MS - Main Street  
RH - Retirement

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 9:30 Weekend Perks 10:00 For The Soul 2:00pm BINGO (JO) 3:30 Puzzle It Out	<b>2</b> 9:30 You and Me 10:30 Sit 'N Get Fit 2:30 Waterloo Chambers Choir (RH) 3:30 Plant Care 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	<b>3</b> 9:30 Rosary (C) 10:30 Card Making & Writing 2:00 Bingo (MS) 3:15 Tai Chi (FC) 3:30 Neighbourhood Time 6:00pm Christmas Lights Tour 6:30 Devotions (C)	<b>4</b> 9:15 Art with Sonal 10:00 Contemplating Life with Mike (C) 2:00 Pub Afternoon (MS) 3:30 Balance Class (FC) 3:30 Stepping Out 6:30 Documentary & Popcorn (C)	<b>5</b> 9:30 Chapel Service (C) 10:00 Green Thumbs 10:30 Zumba (FC) 1:30 Bus Outing to Thrift on Kent 6:30 Active Games (MS)	<b>6</b> 10:00 You and Me 11:00 Manicures 2:00 Let's Paint 3:30 Active Games (FC) 6:30 Crafting Club (CC)	<b>7</b> 9:30 Weekend Perks 10:30 Bowling 2:00 Family Games (MS)
<b>8</b> 9:30 Weekend Perks 10:00 For The Soul 2:00 BINGO (JO)	<b>9</b> 9:30 Let's Color 10:30 Sit 'N Get Fit 2:00 Christmas Craft 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	<b>10</b> 9:30 Rosary (C) 10:30 Village Updates 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 In the Kitchen (CC)	<b>11</b> 9:15 Art with Sonal 2-4pm Holiday Open House (MS) 3:30 Balance Class (FC) 6:30 Games Night (CC)	<b>12</b> 9:30 Chapel Service (C) 10:00 Green Thumbs 10:30 Zumba (FC) 2:00 Christmas Manicures 6:30 Active Games (MS)	<b>13</b> 1:00 You and Me 2:00 Express Yourself 3:30 Active Games (FC) 4:00 Soothing Sensations 6:30 Crafting Club (CC)	<b>14</b> 9:30 Weekend Perks 10:15 Tim Horton's Coffee and Tim Bits 2:00 Entertainment (Wr)
<b>15</b> 9:30 Weekend Perks 10:00 For The Soul 2:00 BINGO (JO) 3:30 Express Yourself	<b>16</b> 8:30 Holiday Movie & Breakfast (RH) 9:30 You and Me 10:30 Sit 'N Get Fit 1:30 In the Kitchen: Pillsbury Cookies 3:30 Stepping Out 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	<b>17</b> 9:30 Rosary (C) 10:30 Snowball Toss 2:00 Bingo (MS) 3:15 Tai Chi (FC) 3:30 Stepping Out 6:30 Devotions (C)	<b>18</b> 9:15 Art with Sonal 10:00 Contemplating Life with Mike (C) 2:15 Plant Care 3:30 Balance Class (FC) 6:30 Games Night (CC)	<b>19</b> 9:30 Chapel Service (C) 10:00 Green Thumbs 10:30 Zumba (FC) 2:00 Residents' Council (C) 2:15-3:00 Melissa's Christmas Melodies 3:30 Let's Paint 6:30 Active Games (MS)	<b>20</b> 10:00 Let's color 11:00 Manicures 2:00 Holiday Dance Party (MS) 6:30 Crafting Club (CC)	<b>21</b> <b>First Day of Winter Dress in your Winter Wear!</b> 9:30 Neighbourhood Time 10:30 Snowman Painting 2:00 Entertainment (Do) 3:00 You and Me

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<b>22</b> 11:00 For The Soul: Guided Meditation 2:00 BINGO (Jo) 5:15 Diner's Club: Pizza	<b>23</b> 10:00 Gingerbread Houses (MS) 11:00 Express Yourself 2:00pm-3:30pm Johnston Staff & Resident Christmas Party 6:30 Game Show Trivia (CC) 	<b>24</b> 10:00 Christmas Eve Chapel Service (C) 11:00 Let's Color 2:00 Christmas Eve Bingo (MS)	<b>25 Christmas Day</b> <b>Dress in your fun Holiday Wear</b> 9:30 Stocking Hand Out 10:30 Neighbourhood Time 2:00 Movie and Popcorn 2:00 Food Committee (C) 4:00 Stepping Out	<b>26 Boxing Day</b> <b>Pajama Day!</b> 10:00 Let's Colour 10:30 Exercise with Sarah (FC) 11:00 Soothing Sensations 2:00 Eggnog and Chocolate Milk Traveling Cart	<b>27</b> 9:00 Van Outing 2:00 Express Yourself: New Years Craft 4:00 Musical Moments 6:30 Crafting Club (CC)	<b>28</b> 9:30 Weekend Perks 10:30 You and Me 2:00 Entertainment (Jo) 3:30 Let's Color
<b>29</b> 9:30 Weekend Perks 10:00 For The Soul 2:00 BINGO (JO) 3:30 Let's Color	<b>30</b> 9:30 Express Yourself 2:00 Residents Bill Of Rights and Calendar Planning 6:30 Game Show Trivia (CC)	<b>31 New Year's Eve</b> <b>Dress to Sparkle Day!</b> 10:00 Year in Review (C) 10:30 Brains and Banter 2:00 New Year's Eve Karaoke Party (MS)				

### Entertainment:

December 4th - Entertainment by Jeff Poolton on Main Street  
 December 14th - Entertainment with Dynamic Duo on Wright  
 December 21st - Entertainment with Kevin Coates on Downey  
 December 28th - Entertainment with Sheryl Walsh on Johnston

### Outings:

### Calendar Planning and Resident Bill of Rights

We invite you to attend this meeting on your neighbourhood. Learn about your Bill of Rights. Have your input as we plan next month's activities, programs, and outings!  
 Hosted by your Recreation Team Member.

### Your Recreation Team:

Full-Time - Debi  
 Part-Time - Julia