



# DECEMBER 2024

Emma



The Village of  
**RIVERSIDE GLEN**

## Sunday

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

## Saturday

<p><b>1</b></p> <p>8:00 Breakfast 11:00 For the Soul 12:00 Lunch 2:00 Nail Care 3:30 You and Me 5:00 Dinner</p>	<p><b>2</b></p> <p>8:00 Breakfast 11:00 Circle of Friends 12:00 Lunch 2:00 Stepping Out 3:30 Hope for the Heart 5:00 Dinner</p>	<p><b>3</b></p> <p>8:00 Breakfast 10:00 Neighbourhood Time 11:00 Brains and Banter 12:00 Lunch 2:00 Hymn Sing 2:30 Fitness with Melissa 5:00 Dinner 6:30 You and Me</p>	<p><b>4</b></p> <p>8:00 Breakfast 10:30 Neighbourhood Time 12:00 Lunch 2:00 Stepping Out 5:00 Dinner</p>	<p><b>5</b></p> <p>8:00 Breakfast 10:00 Neighbourhood Time 11:00 Fitness with Melissa 12:00 Lunch 2:00 Express Yourself 3:30 Musical Moments 5:00 Dinner 6:30 You and Me</p>	<p><b>6</b></p> <p>8:00 Breakfast 10:00 Neighbourhood Time 10:30 In the Kitchen 12:00 Lunch 1:30 Dance Party with Hilda 2:00 Fitness with Melissa 3:30 Circle of Friends 5:00 Dinner</p>	<p><b>7</b></p> <p>8:00 Breakfast 10:00 Morning Movie 11:00 Soothing Sensations 12:00 Lunch 2:30 Christmas Neighbourhood Party 3:30 You and Me 5:00 Dinner</p>
<p><b>8</b></p> <p>8:00 Breakfast 10:00 Virtual Church Service 11:00 For the Soul 12:00 Lunch 3:30 You and Me 5:00 Dinner</p>	<p><b>9</b></p> <p>8:00 Breakfast 10:00 Neighbourhood Time 11:00 Circle of Friends 12:00 Lunch 2:00 Fitness with Melissa 3:30 You and Me 5:00 Dinner</p>	<p><b>10</b></p> <p>8:00 Breakfast 10:00 Neighbourhood Time 11:00 Brains and Banter 12:00 Lunch 2:00 Hymn Sing 2:30 Fitness with Melissa 5:00 Dinner 6:30 You and Me</p>	<p><b>11</b></p> <p>8:00 Breakfast 10:30 Neighbourhood Time 12:00 Lunch 2:00 Stepping Out 5:00 Dinner</p>	<p><b>12</b></p> <p>8:00 Breakfast 10:00 Neighbourhood Time 11:00 Circle of Friends 12:00 Lunch 2:00 Music with Wendy 3:30 For the Fun of Fit 5:00 Dinner 6:30 You and Me</p>	<p><b>13</b></p> <p>8:00 Breakfast 10:00 Neighbourhood Time 10:30 Java Music Time 12:00 Lunch 2:00 Fitness with Melissa 3:30 Express Yourself 5:00 Dinner</p>	<p><b>14</b></p> <p>8:00 Breakfast 10:00 Morning Movie 11:00 Circle of Friends 12:00 Lunch 2:00 Soothing Sensations 3:30 Fitness with Melissa 5:00 Dinner</p>
<p><b>15</b></p> <p>8:00 Breakfast 11:00 For the Soul 12:00 Lunch 2:00 Musical Moments: Special Guest 3:30 You and Me 5:00 Dinner</p>	<p><b>16</b></p> <p>8:00 Breakfast 11:00 Circle of Friends 12:00 Lunch 2:00 Stepping Out 3:30 Hope for the Heart 5:00 Dinner</p>	<p><b>17</b></p> <p>8:00 Breakfast 10:00 Neighbourhood Time 11:00 Brains and Banter 12:00 Lunch 2:00 Hymn Sing 2:30 Fitness with Melissa 5:00 Dinner 6:30 Christmas Light Tour</p>	<p><b>18</b></p> <p>8:00 Breakfast 10:30 Neighbourhood Time 12:00 Lunch 2:00 Stepping Out 5:00 Dinner</p>	<p><b>19</b></p> <p>8:00 Breakfast 11:00 For the Fun of Fit 12:00 Lunch 2:00 Express Yourself 3:30 Musical Moments 5:00 Dinner 6:30 You and Me</p>	<p><b>20</b></p> <p>8:00 Breakfast 10:00 Neighbourhood Time 11:00 Java Music Time 12:00 Lunch 1:30 Dance Party with Hilda 2:00 Fitness with Melissa 5:00 Dinner</p>	<p><b>21</b></p> <p>8:00 Breakfast 10:00 Morning Movie 11:00 Soothing Sensations 12:00 Lunch 2:15 Winter Social 3:30 You and Me 5:00 Dinner</p>
<p><b>22</b></p> <p>8:00 Breakfast 11:00 For the Soul 12:00 Lunch 2:00 Neighbourhood Time 3:30 You and Me 5:00 Dinner</p>	<p><b>23</b></p> <p>8:00 Breakfast 10:00 Neighbourhood Time 11:00 Circle of Friends 12:00 Lunch 2:00 Fitness with Melissa 3:30 You and Me 5:00 Dinner</p>	<p><b>24</b></p> <p>8:00 Breakfast 10:00 Neighbourhood Time 11:00 Brains and Banter 12:00 Lunch 3:30 5:00 Dinner 6:30 You and Me</p>	<p><b>25 Christmas Day</b></p> <p>8:00 Breakfast 10:00 Neighbourhood Time 11:00 Soothing Sensation 12:00 Lunch 3:30 You and Me 5:00 Dinner</p>	<p><b>26 Boxing Day</b></p> <p>8:00 Breakfast 10:00 Neighbourhood Time 12:00 Lunch 2:00 Musical Moments 3:30 For the Fun of Fit 5:00 Dinner 6:30 You and Me</p>	<p><b>27</b></p> <p>8:00 Breakfast 10:00 Neighbourhood Time 10:30 In the Kitchen 12:00 Lunch 2:00 Fitness with Melissa 3:30 Soothing Sensations 5:00 Dinner</p>	<p><b>28</b></p> <p>8:00 Breakfast 10:00 Morning Movie 11:00 Circle of Friends 12:00 Lunch 2:00 Fitness with Melissa 3:30 Soothing Sensations 5:00 Dinner</p>
<p><b>29</b></p> <p>8:00 Breakfast 11:00 For the Soul 12:00 Lunch 2:00 Nail Care 3:30 You and Me 5:00 Dinner</p>	<p><b>30</b></p> <p>8:00 Breakfast 10:00 Neighbourhood Time 11:00 Circle of Friends 12:00 Lunch 2:00 Stepping Out 3:30 Hope for the Heart 5:00 Dinner</p>	<p><b>31</b></p> <p>8:00 Breakfast 10:00 Neighbourhood Time 11:00 Brains and Banter 12:00 Lunch 2:00 Hymn Sing 2:30 Fitness with Melissa 5:00 Dinner 6:30 You and Me</p>				