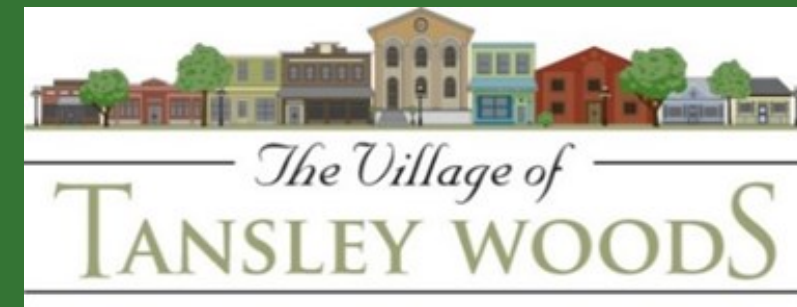




December 2024

Emma's West Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:00 Breakfast 12:00 Lunch 2:15 For the Fun of Fit 3:00 Café Time 4:00 Brains and Banter 5:00 Dinner 6:15 You and Me	2 8:00 Breakfast 10:00 Neighbourhood Time 12:00 Lunch 1:45 Exercise Class 2:30 Brains and Banter 3:30 For the Fun of Fit 5:00 Dinner	3 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Brains and Banter 12:00 Lunch 2:00 Stepping Out 3:30 Musical Moments 5:00 Dinner	4 8:00 Breakfast 10:00 Neighbourhood Time 10:30 Art Workshop 12:00 Lunch 1:30 Exercise Class 2:30 Circle of Friends 5:00 Dinner	5 8:00 Breakfast 9:30 Neighborhood Time 10:30 You and Me 12:00 Lunch 2:15 For the Fun of Fit 3:30 Circle of Friends 5:00 Dinner	6 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Express Yourself 12:00 Lunch 2:00 Stepping Out 3:30 For the Fun of Fit 5:00 Dinner	7 8:00 Breakfast 10:00 Express Yourself 12:00 Lunch 1:30 Church Service 2:15 For the fun of Fit 3:30 Chocolate Bingo 5:00 Dinner
8 8:00 Breakfast 10:00 Neighborhood Time 11:00 Express Yourself 12:00 Lunch 2:30 For the fun of Fit 3:30 Stepping Out 5:00 Dinner	9 8:00 Breakfast 10:00 Neighbourhood Time 12:00 Lunch 1:45 Exercise Class 2:30 Brains and Banter 3:30 For the Fun of Fit 5:00 Dinner	10 8:00 Breakfast 12:00 Lunch 2:00 Stepping Out 3:30 Musical Moments 5:00 Dinner 6:00 Brains and Banter 7:00 You and Me	11 8:00 Breakfast 10:00 Neighbourhood Time 10:30 Art Workshop 12:00 Lunch 1:30 Exercise Class 2:30 Circle of Friends 5:00 Dinner	12 8:00 Breakfast 9:30 Neighborhood Time 10:30 You and Me 12:00 Lunch 2:15 For the Fun of Fit 3:30 Circle of Friends 5:00 Dinner	13 8:00 Breakfast 10:30 Live Entertainment: Garry Larkin 12:00 Lunch 2:00 Brains and Banter 3:30 Wine and Cheese 5:00 Dinner	14 8:00 Breakfast 12:00 Lunch 1:30 Church Service 2:15 For the fun of Fit 3:30 Chocolate Bingo 5:00 Dinner
15 8:00 Breakfast 12:00 Lunch 2:15 For the Fun of Fit 3:00 Café Time 4:00 Brains and Banter 5:00 Dinner 6:15 You and Me	16 8:00 Breakfast 10:00 Mother Goose 11:00 Neighbourhood Time 12:00 Lunch 1:45 Exercise Class 3:00 Live Entertainment: (Main Floor) 5:00 Dinner	17 8:00 Breakfast 12:00 Lunch 2:00 Stepping Out 3:30 Musical Moments 5:00 Dinner 6:00 Brains and Banter 7:00 You and Me	18 8:00 Breakfast 10:00 Neighbourhood Time 10:30 Art Workshop 12:00 Lunch 1:30 Exercise Class 2:30 Circle of Friends 5:00 Dinner	19 8:00 Breakfast 9:30 Neighborhood Time 10:30 You and Me 12:00 Lunch 2:15 For the Fun of Fit 3:30 Circle of Friends 5:00 Dinner	20 8:00 Breakfast 10:00 Neighbourhood Time 12:00 Lunch 2:30 Tea Party 4:00 Musical Moments 5:00 Dinner 6:15 Express Yourself	21 8:00 Breakfast 10:00 Express Yourself 12:00 Lunch 1:30 Church Service 2:15 For the fun of Fit 3:30 Chocolate Bingo 5:00 Dinner
22 8:00 Breakfast 10:00 Neighborhood Time 11:00 Express Yourself 12:00 Lunch 2:30 For the fun of Fit 3:30 Stepping Out 5:00 Dinner	23 8:00 Breakfast 10:00 Neighbourhood Time 12:00 Lunch 1:45 Exercise Class 2:30 Brains and Banter 3:30 For the Fun of Fit 5:00 Dinner	24 8:00 Breakfast 12:00 Lunch 2:00 Stepping Out 3:30 Musical Moments 5:00 Dinner 6:00 Brains and Banter 7:00 You and Me	25 Christmas Day 8:00 Breakfast 10:00 Neighbourhood Time 12:00 Lunch 1:30 For the Fun of Fit 2:30 Circle of Friends 5:00 Dinner	26 Boxing Day 8:00 Breakfast 9:30 Neighborhood Time 10:30 You and Me 12:00 Lunch 2:15 For the Fun of Fit 3:30 Circle of Friends 5:00 Dinner	27 8:00 Breakfast 10:00 Neighbourhood Time 12:00 Lunch 2:00 Stepping Out 4:00 Musical Moments 5:00 Dinner 6:15 Express Yourself	28 8:00 Breakfast 12:00 Lunch 1:30 Church Service 2:15 For the fun of Fit 3:30 Chocolate Bingo 5:00 Dinner
29 8:00 Breakfast 12:00 Lunch 2:15 For the Fun of Fit 3:00 Café Time 4:00 Brains and Banter 5:00 Dinner 6:15 You and Me	30 8:00 Breakfast 10:00 Neighbourhood Time 12:00 Lunch 1:45 Exercise Class 2:30 Brains and Banter 3:30 For the Fun of Fit 5:00 Dinner	31 New Year's Eve 8:00 Breakfast 12:00 Lunch 2:00 Stepping Out 3:30 Musical Moments 5:00 Dinner 6:00 Brains and Banter 7:00 You and Me	Team Member Birthdays Kathleen 12th Katherine 26th Cruise 26th			