



December 2024

Strasburg Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 45 Exercise 10:00 TV Church 11:00 Short Stories 1:30 Kick Ball 2:30 Word Games	2 9:45 Exercises 10:30 In the spirit 1:30 Craft with Maria 3:00 Planting Friendships	3 10:00 Total Body Fitness 11:00 Church 1:30 Nail Care 2:30 Bible Study 6:15 Christmas light Tour	4 9:45 Zumba 10:30 Catholic Communion RV 11:00 Hymn Sing 1:30 Horse Racing 3:00 Horticulture	5 9:30 Exercise 9:45 Music Therapy 10:15 Chime Choir 1:30 Bingo 3:30 Tai Chi	6 9:45 Exercise 10:30 Bowling 1:30 Table Ball 2:30 Board Games	7 9:45 Exercise 10:30 Bingo 10:30 Rosary PC 2:00 Pet Therapy 3:15 Out/Indoor Walks
8 45 Exercise 10:00 TV Church 11:00 Short Stories 1:30 Kick Ball 2:30 Word Games	9 9:45 Exercises 9:45 Walmart Outing 1:30 Craft with Maria 3:00 Planting Friendships	10 Timbit Day 10:00 Total Body Fitness 11:00 Church 1:30 Nail Care 2:30 Bible Study 6:15 You & Me	11 9:45 Zumba 11:00 Hymn Sing 2:00 Peg Talks SB 3:00 Horticulture	12 9:30 Exercise 9:45 Music Therapy 10:15 Chime Choir 1:30 Bingo 3:30 Tai Chi	13 9:45 Exercise 10:30 Bowling 1:30 Table Ball 2:30 Board Games	14 9:45 Exercise 10:30 Bingo 2:00 Pet Therapy 2:00 Just Sing SB 3:15 Out/Indoor Walks
15 45 Exercise 10:00 TV Church 11:00 Short Stories 1:30 Kick Ball 2:30 Word Games	16 9:45 Exercises 10:30 In the spirit 1:30 Craft with Maria 3:00 Planting Friendships	17 10:00 Total Body Fitness 11:00 Church 1:30 Nail Care 2:00 Paul Schlam SB 2:30 Bible Study 6:15 You & Me	18 9:45 Zumba 11:00 Hymn Sing 1:30 Resident Meeting 3:00 Horticulture	19 9:30 Exercise 9:45 Music Therapy 10:15 Chime Choir 1:30 Bingo 3:30 Tai Chi 5:15 Christmas Dinner with Rick & Lynn	20 9:45 Exercise 10:30 Bowling 10:30 Anglican / Lutheran Communion 1:30 Table Ball 2:30 Board Games	21 9:45 Exercise 10:30 Bingo 2:00 Pet Therapy 3:15 Out/Indoor Walks
22 45 Exercise 10:00 TV Church 11:00 Short Stories 1:30 Kick Ball 2:30 Word Games	23 9:45 Exercises 10:30 In the spirit 1:30 Craft with Maria 1:45 Food Committee PC 3:00 Planting Friendships	24 Christmas Eve 10:00 Total Body Fitness 11:00 Church 1:30 Nail Care 2:30 Christmas Service RT	25 Merry Christmas 9:45 Exercise 11:00 Christmas Trivia 2:00 Christmas Party with Gifts and Treats all Welcome	26 Boxing Day 9:30 Exercise 9:45 Music Therapy 10:15 Chime Choir 1:30 Bingo 3:30 Tai Chi	27 9:45 Exercise 10:15 Resident Council Meeting 10:30 Bowling 1:30 Table Ball 2:45 Hand Waxing 2:30 Board Games	28 9:45 Exercise 10:30 Bingo 2:00 Pet Therapy 3:15 Out/Indoor Walks
29 45 Exercise 10:00 TV Church 11:00 Short Stories 1:30 Kick Ball 2:30 Word Games	30 9:45 Exercises 10:30 In the spirit 1:30 Craft with Maria 3:00 Planting Friendships	31 New Year's Eve 10:00 Total Body Fitness 11:00 TV Church 1:30 Nail Care 2:00 New Years Eve Social 6:15 You & Me				