



# December 2024

Derry



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 9:30 For the Soul 10:15 Circle of Friends 11:00 Stepping Out <b>2:00 Sunday Social—MS</b> 3:30 Express Yourself 6:30 Hosanna Singers-MS	<b>2</b> 1:00 You and I <b>2:00 Christmas Tree Decorating-MS</b> <b>NEIGHBOURHOOD TIME</b> 6:30 Active Games-MS	<b>3</b> 10:00 Brains and Banter 11:15 Exercise with Physio 2:00 Soothing Sensation <b>3:00 Music With David-OA</b> <b>1-4 Christmas Shopping Trip—sign up is required</b> 6:30 Bingo- MS	<b>4</b> 10:00 For the fun of fit 11:00 Brains and Banter 2:00 Bingo Derry 2:00 Green thumb—CK 3:30 Express Yourself <b>3:00 Java Music Club-CC</b> 6:30 Brain Boosters-CC	<b>5</b> <b>10:00 In the Kitchen</b> <b>11:15 Exercise with Physio</b> <b>1:30 Music Therapy—OA</b> <b>2-4 Christmas Party Open House —MS</b> 6:30 Music Appreciation-CC	<b>6</b> <b>10:00 Feel &amp; Fold—OA</b> 11:00 Circle of friends 2:00 Movie/show 3:30 Helping Hands <b>6:30 Christmas Pub Night—CC</b>	<b>7</b> 9:30 For the Soul 10:15 Musical Moments 11:00 For the fun of fit <b>2:00 Bingo-MS</b> 3:30 Soothing Sensation <b>6:30 A Little Bit of This and That-CC</b>
<b>8</b> 9:30 For the fun of fit 10:15 Circle of friends 11:00 Stepping Out 2:00 Musical Moments <b>3:30 Church Service-L</b> 6:30 It's Never Too Late-CC	<b>9</b> 1:00 You and I 1:30 Express Yourself 2:30 Helping Hands 3:00 Musical Moments <b>6:30 Active Games-MS</b>	<b>10</b> 10:00 Circle of Friends 11:15 Exercise with Physio 2:00 Stepping Out 2:30 Brains and Banter <b>3:00 Pastoral Visit-TO</b> <b>3:30 Hymn Sing-OA</b> 6:30 Bingo- MS	<b>11</b> 10:00 For the fun of fit 10:30 Art & Craft—CK 11:00 Express Yourself 2:00 Bingo Derry 3:00 Circle of Friends <b>6:30 Java Music Club-CC</b>	<b>12</b> <b>9:30 Music Therapy—OA</b> <b>NEIGHBOURHOOD TIME</b> <b>1:00 Private Communion-TO</b> <b>2:00 R.C. Communion/Rosary-TH</b> 2:00 Brains and Banter 6:30 Music Appreciation-CC	<b>13</b> <b>10:00 Feel &amp; Fold—OA</b> 11:00 Express Yourself 2:00 Movie/show 3:30 Helping Hands <b>6:30 Movie Night-CC</b>	<b>14</b> 9:30 For the Soul 10:15 For the fun of fit 11:00 Brains and Banter <b>2:00 Golden Oldies—MS</b> 4:00 You and I 6:30- Bingo—MS
<b>15</b> 9:30 For the fun of fit 10:15 In the Kitchen 11:00 Stepping Out <b>2:00 Sunday Social—MS</b> <b>3:30 Church Service-L</b> 6:30 It's Never Too Late-CC	<b>16</b> 1:00 You and I 1:30 Express Yourself 2:30 Helping Hands 3:00 In the Kitchen <b>6:30 Active Games-MS</b>	<b>17</b> 10:00 Brains and Banter 11:15 Exercise with Physio 2:00 Stepping Out 2:30 Circle of Friends <b>3:30 Christmas Carols</b> 6:30 Bingo- MS	<b>18</b> 10:00 For the fun of fit 11:00 Brains and Banter 2:00 Bingo Derry 2:00 Green thumb—CK 3:30 Express Yourself <b>2:00 Anglican Communion-TH</b> <b>6:30 Christmas Caroling—MS</b>	<b>19</b> <b>9:30 Music Therapy—OA</b> 10:30 Brains and Banter 11:15 Exercise with physio <b>1:00 Private Communion-TO</b> <b>2:00 Catholic Mass -TH</b> 2:00 Circle of friends 3:30 Soothing Sensation <b>6:30 Music Appreciation-CC</b>	<b>20</b> <b>10:00 Feel &amp; Fold—OA</b> 11:00 Circle of friends 2:00 Movie/show 3:30 Helping Hands <b>6:30 Movie Night-CC</b>	<b>21</b> 9:30 For the Soul 10:15 For the fun of fit 11:00 Brains and Banter <b>2:00 Bingo-MS</b> 3:30 Soothing Sensation <b>6:30 A Little Bit of This and That-CC</b>
<b>22</b> 9:30 For the fun of fit 10:15 Circle of friends 11:00 Stepping Out <b>2:00 Melody of Divine &amp; Love—MS</b> 6:30 It's Never Too Late-CC	<b>23</b> 1:00 You and I 1:30 In the Kitchen 2:30 Musical Moments <b>6-8 Christmas Light Trip— sign up is required</b> 6:30 Active Games-MS	<b>24</b> 10:00 Circle of Friends 11:15 Exercise with Physio 2:00 Stepping Out 2:30 Brains and Banter 3:30 You and I <b>6:30 Christmas Eve by the Fire Place-L</b>	<b>25</b> 10:00 For the fun of fit 10:30 Art & Craft—CK 10:30 Christmas Church Service-TH 11:00 Express Yourself 2:00 Bingo Derry 4:00 Musical Moments <b>6:30 Java Music Club-CC</b>	<b>26</b> <b>9:30 Musical Moments</b> 10:30 In the Kitchen 11:15 Exercise with physio <b>2:00 Birthday Bash—MS</b> 3:30 Brains and Banter 4:20 Helping Hands <b>6:30 Music Appreciation-CC</b>	<b>27</b> <b>10:00 Feel &amp; Fold—OA</b> 11:00 Express Yourself 2:00 Movie/show 3:30 Helping Hands <b>6:30 Movie Night-CC</b>	<b>28</b> 9:30 For the Soul 10:15 Musical Moments 11:00 For the fun of fit <b>2:00 Bingo-MS</b> 4:00 You and I <b>6:30 A Little Bit of This and That- CC</b>
<b>29</b> 9:30 For the fun of fit 10:15 In the Kitchen 11:00 Stepping Out <b>2:00 Live Worship Music-MS</b> <b>2:30 Sunday Inspiration-MS</b> 6:30 It's Never Too Late-CC	<b>30</b> 1:00 You and I <b>NEIGHBOURHOOD TIME</b> 6:30 Active Games-MS	<b>31</b> 10:00 Brains and Banter 11:15 Exercise with Physio <b>2:00 New Year Bash—MS</b> <b>3:30 Vision Board Creation-OA</b> 6:30 Bingo- MS	<b>Programs may be subject to change if required</b>			Main Street—MS Greenhouse-GH Activity Room—AR Chapel-CH Country Kitchen- CK Community Centre—CC Fitness Centre- FC Open Area- OA Touring- TO Town Hall - TH Virtual - V Library - Lib