



March 2024

Williamsburg, Becker, Ailsa Craig



The Village at
UNIVERSITY GATES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>RH LEGEND HS—Hobby Shop L—Library SC—Social Club TH—Town Hall CC—Council Chambers</p>	<p>C—Café MS—Main Street DR—Dining Room P—Patio R—Ruby RR—Resident Rooms</p>	<p>March is Nutrition Month</p>	<p>Recreation Phone: 519 -904 -0650 ex. 8207 Recreation Email: ug.rhrecteam@schlegelvillages.com</p>		<p>1 9:45 Band fit with Emily—TH 10:30 Art: Paint Pouring —HS 2:00 Bus to The Bay (Fairview Mall) (Signup) 2:30 Euchre Club—SC 3:00 Neighborhood Reps Meeting—CC 6:30 Billiards—SC</p>	<p>2 9:45 Virtual Fitness: Standing Cardio— TH 10:00-12:00 Drop-in Hobby Shop Nails — HS 3:00 Pub Social With Jazz Musician (Jontue Elan) — SC 4:00 Saturday Series: Downton Abbey: S1-E7— TH</p>
<p>3 10:45 Catholic Communion & Prayer—TH 2:30 Village Bingo— TH 3:45 Virtual Fitness: Leg Endurance—TH 4:00 Board Game Café—SC 7:30 Hymns—TH</p>	<p>4 9:45 Bus to Sobeyes, Zehrs, & Food Basics (Signup) 9:45 Aerobics with Emily—TH 2:00 Euchre Club —SC 2:30 Aquafit outing (Signup) 3:00 Learn about: Nutrition Month— L 6:30 Billiards — SC 7:15 Solo/Wizard Card Games — SC</p>	<p>5 9:45 Virtual Fitness: Strength Building—TH 10:15 Kitchen Creations: Sweet Potato Biscuites —HS/Emmas 10:30 UG Choir —TH 2:00 Bridge Club—SC 2:30 Spiritual Life Gathering —TH 3:00-4:30 Drop-in Hobby Shop Nails —HS 4:00-6:30 Tech Help With Josh (Sign up) 7:15 Concert: Dynamic Duo—TH</p>	<p>6 Clothing Vender 11-4 9:45 Tai Chi with Emily—TH 10:00 Billiards —SC 11:00 Charades —HS 3:00 Men's Lounge Social—SC 3:00 Stitches Corner—L 4:00 Active Games: Bocce Ball—TH 7:30 Documentary: Sweet Death: How Sugar is Making us Sick—TH</p>	<p>7 9:45 Virtual Fitness: Whole Body Seated—TH 9:45 Bus to FreshCo & Dollarama (Signup) 11:00 "Good Morning God!"— L 2:00 Bridge Club— SC 3:00 Let's Discuss It— L 3:30 Hand Therapy—HS 4:00 Pub Social— SC 7:15 Popcorn Pickup— TH 7:30 Movie Night: Cat on a Hot Tin Roof — TH</p>	<p>8 International Woman's Day 9:45 Virtual Fitness: Standing Cardio—TH 10:30 Craft: Beaded Bracelets—HS 2:00 Neighborhood Trivia—HS 2:30 Euchre Club—SC 6:30 Billiards—SC</p>	<p>9 9:45 Band fit with Emily— TH 10:00-12:00 Drop-in Hobby Shop Nails — HS 3:00 Saturday Social — SC 4:00 Saturday Series: Downton Abbey: S2-E1— TH</p>
<p>10 First Day of Ramadan (Daylight Savings Time Begins) 10:00 Virtual Service with Mike Zenker—TH 2:30 Village Bingo—TH 3:45 Virtual Fitness: Leg Endurance—TH 4:00 Board Game Café—SC 7:30 Hymns—TH</p>	<p>11 Week Long: Find the 4 Leaf Clover—MS 9:45 Bus to St. Jacob's Outlet & Walmart (Signup) 9:45 Aerobics with Emily—TH 2:00 Euchre Club —SC 2:30 Aquafit outing (Signup) 3:00 Learn about: St. Patrick's Day — L 6:30 Billiards — SC 7:15 Solo/Wizard Card Games — SC</p>	<p>12 9:45 Virtual Fitness: Strength Building—TH 10:00 Food Committee Meeting - Ruby 10:15 Kitchen Creations:Zucchini Cupcakes— HS/Emmas 10:30 UG Choir —TH 2:00 Bridge Club—SC 2:30 Spiritual Life Gathering —TH 3:45 GATHER: Care Partners—TH 3:45 Memory Meetup —L 3:00-4:30 Drop-in Hobby Shop Nails —HS 7:30 Concert: Dean Martin —TH</p>	<p>13 9:45 Tai Chi with Emily—TH 10:00 Billiards —SC 11:00 Pictionary —HS 2:30 Balance with Emily—TH 3:00 Men's Lounge Social—SC 3:00 Stitches Corner—L 3:30 Poetry Reading Group—L 4:00 Active Games: Corn Hall—TH 7:30 Documentary: Food Choices—TH</p>	<p>14 9:45 Virtual Fitness: Whole Body Seated—TH 9:45 Bus to Dutchies Fresh Market (Signup) 11:00 "Good Morning God!"— L 1:30 Communion and Rosary— TH 2:00 Bridge Club— SC 3:00 Let's Discuss It— L 3:30 Hand Therapy—HS 4:00 Pub Social— SC 7:15 Popcorn Pickup— TH 7:30 Movie Night: Sully — TH</p>	<p>15 St. Patrick's Party (Wear Green) 9:45 Virtual Fitness: Full Body Stretching-TH 10:30 Art: Felt Shamrock Pins—HS 2:30 Entertainment with Robert Fredricks—MS 2:30 Euchre Club—SC 6:30 Billiards—SC</p>	<p>16 9:45 Virtual Fitness: Standing Cardio— TH 10:00-12:00 Drop-in Hobby Shop Nails — HS 3:00 Saturday Social — SC 4:00 Saturday Series: Downton Abbey: S2-E2— TH</p>
<p>17 St. Patrick's Day 10:00 United Service—screen 1/2 of TH 10:30 Catholic Communion Prayer—back 1/2 of TH 2:30 Village Bingo—TH 3:45 Virtual Fitness: Leg Endurance—TH 4:00 Board Game Café—SC 7:30 Hymns—TH</p>	<p>18 9:45 Bus to Giant Tiger(Signup) 9:45 Aerobics with Emily—TH 2:00 Euchre Club —SC 2:30 Aquafit outing (Signup) 2:30 Home Instead Seminar by Zachary Rewi Topic is: Understanding Senior Mental Health 3:00 This Month in History — L 6:30 Billiards — SC 7:15 Solo/Wizard Card Games — SC</p>	<p>19 Spring Begins 9:45 Virtual Fitness: Strength Building—TH 10:15 Kitchen Creations: Mixed Nut Bars—HS/Emmas 10:30 UG Choir —TH 2:00 Bridge Club—SC 2:30 Spiritual Life Gathering —TH 3:00-4:30 Drop-in Hobby Shop Nails —HS 4:00-6:30 Tech Help With Josh (Sign up) 7:30 Concert: Tony Bennett —TH</p>	<p>20 9:45 Tai Chi with Emily—TH 10:00 Billiards —SC 11:00 Charades —HS 2:30 Balance with Emily—TH 3:00 Entertainment by Henry Winter - MS 7:30 Documentary: Kiss the Ground —TH</p>	<p>21 World Down Syndrome Day 9:45 Virtual Fitness: Whole Body Seated—TH 9:45 Bus to Laurelwood Plaza (Signup) 11:00 "Good Morning God!"— L 2:00 Bridge Club— SC 3:00 Let's Discuss It— L 3:30 Hand Therapy—HS 4:00 Pub Social— SC 7:15 Popcorn Pickup— TH 7:30 Movie Night: Manchester By The Sea — TH</p>	<p>22 9:45 Band Fit With Emily—TH 10:30 Craft: Egg Citing Potato Stamps —HS 11:00 Catholic Mass with Father Jamroz— TH 2:00 Neighborhood Trivia—HS 2:30 Euchre Club—SC 6:30 Billiards—SC</p>	<p>23 9:45 Virtual Fitness: Standing Cardio— TH 10:00-12:00 Drop-in Hobby Shop Nails — HS 3:00 Saturday Social — SC 4:00 Saturday Series: Downton Abbey: S2-E3— TH</p>
<p>24 Palm Sunday 10:00 Presbyterian Service—TH 2:30 Village Bingo—TH 3:45 Virtual Fitness: Leg Endurance—TH 4:00 Board Game Café—SC 7:30 Hymns—TH</p>	<p>25 9:45 Bus to The Boardwalk (Signup) 9:45 Aerobics with Emily—TH 2:00 Euchre Club —SC 2:30 Aquafit outing (Signup) 2:30 Entertainment with Waterloo Chamber Players - MS 6:30 Billiards — SC 7:15 Solo/Wizard Card Games — SC</p>	<p>26 9:45 Virtual Fitness: Strength Building—TH 10:15 Kitchen Creations: Pecan Short Bread Tea Cakes —HS/Emmas 10:30 UG Choir Rehearsal —TH 2:00 Bridge Club—SC 2:30 Spiritual Life Gathering (Choir performance)—TH 3:45 GATHER: Care Partners—TH 3:45 Memory Meetup —L 7:30 Concert: Riverdance—TH</p>	<p>27 9:45 Tai Chi with Emily—TH 10:00 Billiards —SC 10:30 Book Club —L 11:00 Pictionary—HS 2:30 Balance with Emily—TH 2:30 Birthday Bash with Elvi's 3 Brothers — SC 3:30 Poetry Reading Group—L 7:30 Documentary: Fantastic Fungi—TH</p>	<p>28 KmW clothing 10-3 9:45 Virtual Fitness: Whole Body Seated—TH 9:45 Bus to Colour Paradise Green House (Signup) 11:00 Maundy Thursday Open Communion —TH 2:00 Bridge Club— SC 3:00 Let's Discuss It— L 3:30 Hand Therapy—HS 4:00 Pub with Gwillimbury Gang — SC 7:15 Popcorn Pickup— TH 7:30 Movie Night: Natalie Portman: Jackie — TH</p>	<p>29 Good Friday 9:45 Virtual Fitness: Balance and Core—TH 11:00 Good Friday Virtual Service—TH 10:30 Art: Easter Eggs Painting—HS 2:00-4:00 Drop-in Hobby Shop Nails —HS 2:30 Euchre Club—SC 6:30 Billiards—SC</p>	<p>30 9:45 Virtual Fitness: Standing Cardio— TH 11:00 Easter Egg Hunt—MS 3:00 Saturday Social — SC 4:00 Saturday Series: Downton Abbey: S2-E4— TH</p>
<p>31 Easter Sunday 10:45 Virtual Easter Church Service —TH 2:30 Village Bingo—TH 3:45 Virtual Fitness: Leg Endurance—TH 4:00 Board Game Café—SC 7:30 Hymns—TH</p>					<p>RH LEGEND HS—Hobby Shop L—Library SC—Social Club TH—Town Hall CC—Council Chambers</p>	<p>C—Café MS—Main Street DR—Dining Room P—Patio RR—Resident Rooms R—Ruby</p>