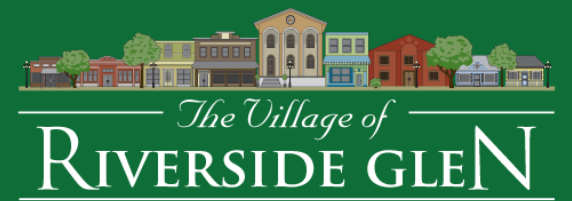




MARCH 2024

Nichol Neighbourhood



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1
8:30 Breakfast
10:30 Hymn Sing
12:00 Lunch
2:00 Plant Club
3:00 For the Fun of Fit
5:00 Dinner

2
8:30 Breakfast
10:00 News Café
11:00 Bowling
12:00 Lunch
2:00 Outdoor Leisure
5:00 Dinner

3
8:30 Breakfast
10:00 Hand Massage
11:00 Church on Erin
12:00 Lunch
2:00 Shamrock Collage
5:00 Dinner

4
8:30 Breakfast
10:00 Art with Sonal
12:00 Lunch
2:00 Baking: Pie's
5:00 Dinner
6:30 Aromatherapy Visits

5
8:30 Breakfast
10:00 IN2L
11:00 Move and Groove
12:00 Lunch
2:00 Spring Bingo
5:00 Dinner

6
8:30 Breakfast
10:30 Songbird Choir
11:00 Move and Groove
12:00 Lunch
2:00 Stepping Out
5:00 Dinner
6:30 All about Guinness

7
8:30 Breakfast
10:00 For the Fun of Fit
12:00 Lunch
1:00 Music with Danielle
2:30 Birthday Social
5:00 Dinner

8
8:30 Breakfast
10:30 Catholic Mass
12:00 Lunch
2:00 Plant Club
2:30 Memorial Service
5:00 Dinner

9
8:30 Breakfast
12:00 Lunch
1:00 Stepping Out
2:00 Yarn Club (library)
5:00 Dinner
6:30 Pet Visits

10
8:30 Breakfast
11:00 Church on Erin
12:00 Lunch
2:00 Scottish Pipe Band
5:00 Dinner
6:30 Fireside Stories

11
8:30 Breakfast
10:00 Art with Sonal
11:00 Plant Club
12:00 Lunch
2:00 Ballon Volleyball
5:00 Dinner
6:30 Traveling Treats

12
8:30 Breakfast
10:00 IN2L
11:00 Move and Groove
12:00 Lunch
2:30 Residents' Council
5:00 Dinner

13
8:30 Breakfast
10:30 Songbird Choir
11:00 Move and Groove
12:00 Lunch
2:30 Stepping Out
5:00 Dinner
6:30 Irish Step Dancing

14
8:30 Breakfast
10:00 For the Fun of Fit
12:00 Lunch
1:00 Music with Danielle
2:00 Butterfly Craft
5:00 Dinner

15
8:30 Breakfast
10:30 Hymn Sing
12:00 Lunch
2:00 Plant Club
2:30 Tim Hortons Social
5:00 Dinner

16
8:30 Breakfast
12:00 Lunch
2:00 Shamrock Shakes Social
5:00 Dinner
6:30 Travel to Ireland

17 St. Patrick's Day
8:30 Breakfast
11:00 Church on Erin
12:00 Lunch
2:00 St. Patrick's Day Party (RH)
5:00 Dinner
6:30 Baking Soda Bread

18
8:30 Breakfast
10:00 Art with Sonal
12:00 Lunch
2:00 Watercolor Painting
5:00 Dinner
6:30 Travelogue: Zoo

19
8:30 Breakfast
10:00 IN2L
11:00 Move and Groove
12:00 Lunch
2:00 Flower Bingo
5:00 Formal Spring Dinner

20 Spring
8:30 Breakfast
10:30 Songbird Choir
11:00 Move and Groove
12:00 Lunch
2:00 Stepping Out
5:00 Dinner
6:30 Signs of Spring

21
8:30 Breakfast
10:00 For the Fun of Fit
12:00 Lunch
1:00 Music with Danielle
2:00 Spring Craft
5:00 Dinner

22
8:30 Breakfast
10:30 Hymn Sing with Steph
12:00 Lunch
2:00 Plant Club
2:30 Silvertones Choir (RH)
5:00 Dinner

23
8:30 Breakfast
10:00 Dog Trivia & Videos
12:00 Lunch
1:00 Stepping Out
2:00 Yarn Club (library)
5:00 Dinner

24
8:30 Breakfast
10:00 Meditation
11:00 Virtual Church
12:00 Lunch
2:00 For the Fun Fit
5:00 Dinner

25
8:30 Breakfast
10:00 Art with Sonal
11:00 Baking: Squares
12:00 Lunch
2:00 Square Dancing Social
5:00 Dinner

26
8:30 Breakfast
10:00 Java Time
11:00 Move and Groove
12:00 Lunch
2:30 Holi Celebration
5:00 Dinner

27
8:30 Breakfast
10:30 Songbird Choir
11:00 Move and Groove
12:00 Lunch
2:00 Stepping Out
5:00 Dinner
6:30 Budgie Visits

28
8:30 Breakfast
10:00 For the Fun of Fit
12:00 Lunch
1:00 Music with Danielle
2:00 Outdoor Leisure
5:00 Dinner

29 Good Friday
8:30 Breakfast
10:30 Good Friday Service
12:00 Lunch
2:00 Plant Club
2:30 Painting Planters
5:00 Dinner

30 Easter Egg Hunt
8:30 Breakfast
10:00 Easter Egg Hunt
12:00 Lunch
2:00 Easter Craft
5:00 Dinner

31
8:30 Breakfast
11:00 Church on Erin
12:00 Lunch
2:00 IN2L
5:00 Dinner

Neighbourhood Coordinator:
Angela Gualtero

Recreation:
Stephanie and Dayna