



March 2024

Emma's Neighborhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LR-Living Room CK- Country Kitchen DR- Dining Room RR- Residents Room TH- Town Hall M- Mezzanine		March is Nutrition Month	Recreation Phone: 519 -904 -0650 ex. 8207 Recreation Email: ug.rhrecteam@schlegelvillages.com		1 8:00 Breakfast 10:30 Express Yourself 12:00 Lunch 1:30 Nail Care 3:30 Stepping Out: Armchair travel to Wales	2 8:00 Breakfast 11:00 Express Yourself 12:00 Lunch 2:00 You and Me 3:00 Musical Moments 5:00 Dinner
3 8:00 Breakfast 10:00 You and Me 11:00 For the Soul 12:00 Lunch 1:30 Nail Care 3:00 For the Fun of Fit 5:00 Dinner	4 8:00 Breakfast 11:00 Express Yourself 12:00 Lunch 2:00 Brains and Banter 3:00 You and Me 5:00 Dinner	5 8:00 Breakfast 10:30 In the Kitchen 12:00 Lunch 1:00 Chaplain Visit 2:45 For the Fun of Fit with Emily 5:00 Dinner 6:30 Musical Moments	6 Clothing Vender 11-4 8:00 Breakfast 11:00 Circle of Friends 12:00 Lunch 2:00 You and Me 3:00 Musical Moments 5:00 Dinner	7 8:00 Breakfast 10:30 In the Kitchen 12:00 Lunch 2:00 Brains and Banter 2:45 For the Fun of Fit with Emily 5:00 Dinner	8 8:00 Breakfast 12:00 Lunch 1:30 Outing to Clay and Glass Gallery, Waterloo (Sign up with Rec) 5:00 Dinner	9 8:00 Breakfast 11:00 Express Yourself 12:00 Lunch 2:00 You and Me 3:00 Musical Moments 5:00 Dinner
10 Daylight Savings Time Begins 8:00 Breakfast 10:00 You and Me 11:00 For the Soul 12:00 Lunch 1:30 Nail Care 3:00 For the Fun of Fit 5:00 Dinner	11 First Day of Ramadan 8:00 Breakfast 11:00 Express Yourself 12:00 Lunch 2:00 Brains and Banter 3:00 You and Me 5:00 Dinner	12 8:00 Breakfast 10:30 In the Kitchen 12:00 Lunch 1:00 Chaplain Visit 2:00 Entertainment with Kevin Coates 2:45 For the fun of fit with Emily 5:00 Dinner 6:30 Musical Moments	13 8:00 Breakfast 11:00 Circle of Friends 12:00 Lunch 2:00 You and Me 3:00 Musical Moments 5:00 Dinner	14 8:00 Breakfast 11- 11:30 St. Patrick's day gathering with students 12:00 Lunch 2:00 Brains and Banter 2:45 For the Fun of Fit 5:00 Dinner	15 St. Patrick's Day Party (Wear Green) 8:00 Breakfast 10:30 Express Yourself 12:00 Lunch 1:30 Nail care 2:30 St. Patrick's day Entertainment with Robert Fredericks 5:00 Dinner	16 8:00 Breakfast 11:00 Express Yourself 12:00 Lunch 2:00 You and Me 3:00 Musical Moments 5:00 Dinner
17 St. Patrick's Day 8:00 Breakfast 10:00 You and Me 11:00 For the Soul 12:00 Lunch 1:30 Nail Care 3:00 For the Fun of Fit 5:00 Dinner	18 8:00 Breakfast 11:00 Express Yourself 12:00 Lunch 2:00 Brains and Banter 3:00 You and Me 5:00 Dinner	19 Spring Begins 8:00 Breakfast 10:30 In the Kitchen 12:00 Lunch 1:00 Chaplain Visit 2:45 For the Fun of Fit with Emily 5:00 Dinner 6:30 Musical Moments	20 8:00 Breakfast 11:00 Circle of Friends 12:00 Lunch 2:00 You and Me 3:00 Entertainment by Henry Winter - MS 5:00 Dinner	21 8:00 Breakfast 10:30 In the Kitchen 12:00 Lunch 2:00 Brains and Banter 2:45 For the Fun of Fit with Emily 5:00 Dinner	22 8:00 Breakfast 10:30 Express Yourself 12:00 Lunch 1:30 Outing to Ken Seiling Waterloo Region Museum (Sign up with Rec) 5:00 Dinner	23 8:00 Breakfast 11:00 Express Yourself 12:00 Lunch 2:00 You and Me 3:00 Musical Moments 5:00 Dinner
24 Palm Sunday 8:00 Breakfast 10:00 You and Me 11:00 For the Soul 12:00 Lunch 1:30 Nail Care 3:00 For the Fun of Fit 5:00 Dinner	25 8:00 Breakfast 11:00 Express Yourself 12:00 Lunch 2:30 Entertainment with Waterloo Chamber Players - MS 3:00 You and Me 5:00 Dinner	26 8:00 Breakfast 10:30 In the Kitchen 12:00 Lunch 1:00 Chaplain Visit 2:45 For the Fun of Fit 5:00 Dinner 6:30 Musical Moments	27 8:00 Breakfast 11:00 Circle of Friends 12:00 Lunch 1:30 You and Me 2:30 Birthday Bash with Elvi's 3 Brothers- SC 5:00 Dinner	28 KW Clothing 10-3 8:00 Breakfast 10:30 In the Kitchen 12:00 Lunch 2:00 Brains and Banter 2:45 For the Fun of Fit with Emily 5:00 Dinner	29 Good Friday 8:00 Breakfast 10:30 Express Yourself 12:00 Lunch 1:30 Nail Care 3:30 Stepping Out: Armchair travel to Japan 5:00 Dinner	30 8:00 Breakfast 11:00 Easter Egg Hunt 12:00 Lunch 2:00 You and Me 3:00 Musical Moments 5:00 Dinner
31 Easter Sunday 8:00 Breakfast 10:00 You and Me 11:00 For the Soul 12:00 Lunch 1:30 Nail Care 3:00 For the Fun of Fit 5:00 Dinner						