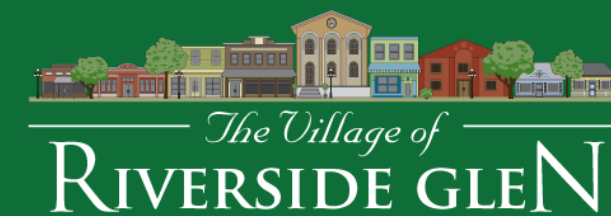




MARCH 2024

Emma Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Stepping Out 12:00 Lunch 1:00 Dance Party with Hilda 2:00 In the Kitchen 3:00 Happy Hour 5:00 Dinner	2 8:00 Breakfast 10:00 Morning Movie 11:00 Soothing Sensations 12:00 Lunch 2:00 For the Fun of Fit 3:30 Musical Moments 5:00 Dinner
3 8:00 Breakfast 10:00 Church Service 11:00 Brains and Banter 12:00 Lunch 2:00 In the Kitchen 3:00 You and Me 5:00 Dinner	4 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Circle of Friends 12:00 Lunch 2:00 Fitness with Melissa 3:00 Express Yourself 5:00 Dinner 6:30 Sing Along	5 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Brains and Banter 12:00 Lunch 2:00 Hymn Sing 3:00 Fitness with Melissa 5:00 Dinner 6:00 Movie Night	6 8:00 Breakfast 10:00 Neighbourhood Time 10:30 Musical Moments 12:00 Lunch 2:00 Stepping Out 3:00 Calendar Planning 5:00 Dinner	7 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Fitness with Melissa 12:00 Lunch 2:30 Music with Steve and John 3:00 You and Me 5:00 Dinner 6:30 Soothing Sensations	8 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Stepping Out 12:00 Lunch 2:00 In the Kitchen 3:00 Happy Hour 5:00 Dinner 6:30 Word Games	9 8:00 Breakfast 10:00 Morning Movie 11:00 Soothing Sensations 12:00 Lunch 2:00 Fitness with Melissa 3:30 Musical Moments 5:00 Dinner
10 8:00 Breakfast 10:00 Church Service 11:00 Brains and Banter 12:00 Lunch 2:00 In the Kitchen 3:00 You and Me 5:00 Dinner	11 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Circle of Friends 12:00 Lunch 2:00 Express Yourself 3:30 For the Fun of Fit 5:00 Dinner 6:30 Sing Along	12 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Brains and Banter 12:00 Lunch 2:30 Memorial Service 3:00 Fitness with Melissa 5:00 Dinner 6:00 Movie Night	13 8:00 Breakfast 10:00 Neighbourhood Time 10:30 Songbirds Choir 12:00 Lunch 2:00 Stepping Out 3:00 Church Service 5:00 Dinner 6:45 Pub Night	14 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Fitness with Melissa 12:00 Lunch 1:45 Music with Wendy 3:00 You and Me 5:00 Dinner 6:30 Soothing Sensations	15 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Painting with Bridget 12:00 Lunch 1:00 Dance Party with Hilda 2:00 In the Kitchen 3:00 Happy Hour 5:00 Dinner	16 8:00 Breakfast 10:00 Morning Movie 11:00 Soothing Sensations 12:00 Lunch 2:00 For the Fun of Fit 3:30 Musical Moments 5:00 Dinner
17 St Patrick's Day 8:00 Breakfast 10:00 Church Service 11:00 Brains and Banter 12:00 Lunch 2:00 St Patrick's Day with Robert Eldefson 3:00 You and Me 5:00 Dinner	18 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Circle of Friends 12:00 Lunch 2:00 Fitness with Melissa 3:00 Express Yourself 5:00 Dinner 6:30 Sing Along	19 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Brains and Banter 12:00 Lunch 2:00 Entertainment with Aiden 3:00 Fitness with Melissa 5:00 Spring Formal Dinner 6:00 Movie Night	20 8:00 Breakfast 10:00 Neighbourhood Time 10:30 Roman Catholic Mass 12:00 Lunch 2:00 Stepping Out 3:00 Church Service 5:00 Dinner	21 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Fitness with Melissa 12:00 Lunch 2:00 Java Music Time 3:00 You and Me 5:00 Dinner 6:30 Soothing Sensations	22 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Stepping Out 12:00 Lunch 2:30 Silverstone's Choir 3:30 You and Me 5:00 Dinner 6:30 Word Games	23 8:00 Breakfast 10:00 Morning Movie 11:00 Soothing Sensations 12:00 Lunch 2:00 Fitness with Melissa 3:30 Musical Moments 5:00 Dinner
24 / 31 8:00 Breakfast 10:00 Church Service 11:00 Brains and Banter 12:00 Lunch 2:00 In the Kitchen 3:00 You and Me 5:00 Dinner	25 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Circle of Friends 12:00 Lunch 2:00 Express Yourself 3:30 For the Fun of Fit 5:00 Dinner 6:30 Sing Along	26 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Brains and Banter 12:00 Lunch 2:30 Birthday Social with Music 3:00 Fitness with Melissa 5:00 Dinner 6:00 Movie Night	27 8:00 Breakfast 10:00 Neighbourhood Time 10:30 Songbirds Choir 12:00 Lunch 2:00 Stepping Out 3:00 Church Service 5:00 Dinner 6:45 Pub Night	28 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Fitness with Melissa 12:00 Lunch 1:45 Music with Wendy 3:00 You and Me 5:00 Dinner 6:30 Soothing Sensations	29 8:00 Breakfast 10:00 Neighbourhood Time 11:00 Stepping Out 12:00 Lunch 1:00 Dance Party with Hilda 3:00 Birthday Party with DJ 5:00 Dinner 6:30 Word Games	30 8:00 Breakfast 10:00 Morning Movie 11:00 Soothing Sensations 12:00 Lunch 2:00 For the Fun of Fit 3:30 Musical Moments 5:00 Dinner