





March 2024

Downey Neighbourhood



The Village at
UNIVERSITY GATES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:30 Calendar Hang Up 10:30 Sit N Get Fit with PAL 2:00 Bingo on Pollock 3:30 Active Games (FC) 6:30 Crafting Club (CC)	2 9:30 Stepping Out 10:30 In the Kitchen 2:00 Entertainment with Henry Winter (Wr)
3 9:30 Stepping Out 10:00 For the Soul 2:00 Neighbourhood Time	4 9:30 You & Me 10:30 Village Townhall (C) 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	5 9:30 Rosary (C) 10:45 Art with Sonal 2:00 Bingo (MS) 3:30 Musical Moments 3:30 Tai Chi (FC) 6:30 Karaoke (CC)	6 1:30 In the Kitchen 3:30 Circle of Friends 3:30 Balance Class (FC) 6:30 Documentary & Popcorn (C) 	7 9:30 Church Service (C) 11:00 For the Fun of Fit 2:30 Express Yourself 3:30 Green Thumbs	8 9:30 -12 Bus Outing: Fairview Mall 10:30 Sit N Get Fit with PAL 2:00 Bingo with Pollock 3:30 Active Games (FC) 6:30 Crafting Club (CC)	9 9:30 Daily Perk 10:30 Card Games 2:00 Entertainment with Lynne & Rick (Do)
10 Daylight Savings Time Begins 9:30 For the Soul 10:30 Neighbourhood Time 2:00 Travelling Cart: Ice Cream	11 First Day of Ramadan 10:30 Manicures & Nail Care 2:00 Brains & Banter 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	12 9:30 Rosary (C) 10:45 Art with Sonal 2:00 Bingo (MS) 3:15 Calendar Planning & Resident Bill of Rights Meeting 6:30 Devotions (C)	13 1:30 Daily Perk 2:30 Java Music Club 4:00 Soothing Sensations 3:30 Balance Class (FC) 6:30 Games Night (CC)	14 9:30 Church Service (C) 11:00 Stepping Out 2:00 Residents' Council (C) 3:30 Green Thumbs 6:30 Active Games (MS)	15 9:30 Good Morning Downey 10:30 Sit N Get Fit with PAL 2:00 Bingo on Pollock 3:30 Active Games (FC) 6:30 Crafting Club (CC)	16 9:30 Daily Perk 10:30 In the Kitchen 2:00 Travelling Cart: Shamrock Shakes
17 St. Patrick's Day 9:00 Daily Perk 10:00 For the Soul 2:00 St. Patrick's Happy Hour (MS)	18 9:30 Manicures & Nail Care 10:30 Tim Hortons Social 1:30 Card Club 3:00 Stepping Out 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	19 Spring Begins 9:30 Rosary (C) 10:45 Art with Sonal 2:00 Bingo (MS) 3:30 Tai Chi (FC) 6:30 Karaoke (CC)	20 1:30 Trivia 3:00 Daily Perk 4:00 You & Me 3:30 Balance Class (FC) 6:30 Games Night (CC)	21 9:30 Church Service (C) 11:00 Express yourself 1-3pm Visits with Baby Chicks 3:30 Green Thumbs 6:30 Active Games (MS)	22 8:30 Pancake Breakfast 10:30 Sit N Get Fit with PAL 2:00 Bingo with Pollock 3:30 Active Games (FC) 6:30 Crafting Club (CC)	23 9:30 Brains & Banter 10:30 Musical Moments 2:00 Entertainment with Kevin Coates (Po)
24 Palm Sunday 9:30 For the Soul 10:30 Neighbourhood Time 2:00 For the Fun of Fit	25 9:30 Manicures & Nail Care 11:00 Card Club 2:30 Waterloo Chamber Players (RH) 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	26 9:30 Rosary (C) 9:30 - 12: Outing: Tim Hortons 10:45 Art with Sonal 2:00 Bingo (MS)  3:30 Tai Chi (FC) 6:30 Devotions (C)	27 2:00 Movie & Popcorn 2:00 Food Committee Meeting (C) 3:30 Express Yourself 3:30 Balance Class (FC) 6:30 Games Night (CC)	28 9:30 Easter Church Service (C) 11:00 Karaoke 2:30 Neighbourhood Time 3:30 Green Thumbs 6:30 Active Games (MS)	29 Good Friday 9:30 Daily Perk 10:30 Sit N Get Fit with PAL 2:00 Bingo on Pollock 3:30 Active games (FC) 6:30 Crafting Club (CC)	30 9:30 Good Morning Downey 10:00 Easter Egg Hunt (RH) 2:00 In the Kitchen
31 Easter Sunday 9:30 Dail Perk 10:30 For the Soul 2:00 Easter Egg Hunt						