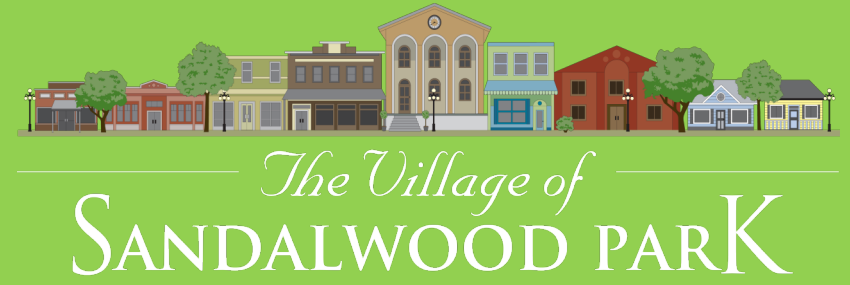







March 2024

Johnston



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<p>1</p> <p>8:30 Breakfast 10:00 Gentle Fitness 10:30 Brains & Banter 12:00 Lunch 2:30 IN2L Fun! 5:00 Dinner</p>	<p>2</p> <p>8:30 Breakfast 10:00 Brains & Banter 11:00 Word Games 12:00 Lunch 2:30 Bingo 5:00 Dinner</p>
<p>3</p> <p>8:30 Breakfast 10:00 You and I 10:30 Balloon Burst 12:00 Lunch 2:15 Church Service 2:30 Musical Moments 5:00 Dinner</p>	<p>4</p> <p>8:30 Breakfast 10:00 Gentle Fitness 12:00 Lunch 2:00 Neighbourhood Time 2:45 Gardening with Jenny 3:30 You & Me 5:00 Dinner 6:30 Bingo</p>	<p>5</p> <p>8:30 Breakfast 10:15 Chair Yoga 11:00 Mini Manicures 12:00 Lunch 2:15 Java Music 3:30 Reading Together 4:00 Board Games 5:00 Dinner</p>	<p>6 Beach Party Day</p> <p>8:30 Breakfast 10-12 beach fun on ms 12:00 Lunch 2:15 Beach Party With Johnny Pebble 3:00 Soothing Sensations 4:00 Walk & Talk 5:00 Dinner</p>	<p>7</p> <p>8:30 Breakfast 9:30 Music with Daiva 12:00 Lunch 2:15 Arm Chair Travel - India 3:00 Name that tune 3:00 For the Soul 3:30 You & I 5:00 Dinner 6:15 Brains and Banter</p>	<p>8 International Women's Day</p> <p>8:30 Breakfast 9:30 Hymn Sing 10:00 Gentle Fitness 10:30 Brains & Banter 12:00 Lunch 2:30 Women's Day Social-c.oa 5:00 Dinner 6:00 Bingo</p>	<p>9</p> <p>8:30 Breakfast 10:00 Brains & Banter 12:00 Lunch 2:30 Balloon Tennis 4:00 Music Appreciation 5:00 Dinner</p>
<p>10</p> <p>Ramadan Starts</p> <p>8:30 Breakfast 10:00 IN2L Fun 11:00 Virtual Mass 12:00 Lunch 2:30 Express yourself 5:00 Dinner</p>	<p>11</p> <p>8:30 Breakfast 10:00 Friendly Visits 10:30 Catholic Service—CH 12:00 Lunch 1:30 Art with Glyniss 2:45 Gardening with Jenny 2:45 Reading Together 3:30 You & I 5:00 Dinner 6:30 Sip & Paint</p>	<p>12</p> <p>8:30 Breakfast 10:00 Coloring Together 12:00 Lunch 2:30 Mini Manicures 3:00 Ball Toss 4:00 Donut Social 4:30 You & I 5:00 Dinner</p>	<p>13</p> <p>8:30 Breakfast 9:30 Prayer Circle 10:15 Walking Club- 100 step challenge 11:00 Express Yourself 12:00 Lunch 2:30 Soothing Sensations 4:00 Reading Together 5:00 Dinner 6:00 Bingo</p>	<p>14</p> <p>8:30 Breakfast 9:30 Music with Daiva 12:00 Lunch 2:15 Baking Together 3:00 Tea, Trivia, and Fun 3:00 For the Soul 4:00 You & I 5:00 Dinner 6:00 Board Games</p>	<p>15</p> <p>8:30 Breakfast 10:00 Gentle Fitness 11:00 Brains & Banter 12:00 Lunch 2:30 Bingo 4:00 You & I 5:00 Dinner</p>	<p>16</p> <p>8:30 Breakfast 10:00 Balloon Burst 11:00 Active Games 12:00 Lunch 2:00 Bingo 3:30 You and Me 5:00 Dinner</p>






March 2024

Johnston



The Village of
SANDALWOOD PARK

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
17 St Patrick's Day 8:30 Breakfast 10:00 express yourself 11:00 Brains & Banter 12:00 Lunch 2:30 St Patrick's Day Social With Ryan 4:00 You & I 5:00 Dinner	18 8:30 Breakfast 10:00 Gentle Fitness 12:00 Lunch 2:00 Brains & Banter 2:45 Gardening with Jenny 4:00 You & Me 5:00 Dinner 6:00 Bingo	19 8:30 Breakfast 10:00 Chair Yoga 10:30 Garden Club with Conny 11:00 Express Yourself 12:00 Lunch 2:15 Mini Manicures 3:15 Ball Toss 4:00 Scrabble 4:30 You & I 5:00 Dinner	20 8:30 Breakfast 10:00 Friendly Visits 10:30 Residents Council 12:00 Lunch 2:00 Birthday Bash with Mitch c,oa 3:00 Crafts Corner 4:00 Walk & Talk 5:00 Dinner	21 World Poetry Day 8:30 Breakfast 9:30 Music with Daiva 12:00 Lunch 1:30 You & I 2:30 IN2L Fun 3:00 For the Soul 3:30 Reading Together 5:00 Dinner 6:00 Tea, Trivia and fun	22 8:30 Breakfast 9:30 Prayer Circle 10:00 Gentle Fitness 10:30 Brains & Banter 11:00 Soothing Sensations 12:00 Lunch 2:30 You & I 4:00 Bowling 5:00 Dinner 6:00 Musical Moments	23 8:30 Breakfast 10:00 Brains & Banter 12:00 Lunch 2:30 Express yourself 4:00 Music Appreciation 5:00 Dinner
24 Palm Sunday 8:30 Breakfast 10:00 Musical moments 11:00 Virtual Mass 12:00 Lunch 2:30 1n2l Fun 4:00 You & I 5:00 Dinner	25 Happy Holi 8:30 Breakfast 10:00 Gentle Fitness 12:00 Lunch 1:30 Art with Glyniss 2:15 Holi Social 2:45 Gardening with Jenny 3:00 You & I 5:00 Dinner 6:00 Bingo	26 8:30 Breakfast 9:30 Hymn Sing 10:15 Express Yourself 11:00 Reading Together 12:00 Lunch 2:15 Mini Manicures 4:00 You & I 5:00 Dinner 6:00	27 8:30 Breakfast 10:15 Drum Fit 11:00 Coloring Together 12:00 Lunch 2:00 You & I 3:15 Mini Bowling 4:00 Walk & Talk 5:00 Dinner 6:00 Bingo	28 8:30 Breakfast 9:30 Music with Daiva 12:00 Lunch 1:30 Soothing Sensations 2:00 IN2L Fun 3:00 For the Soul 3:30 Reading Together 5:00 Dinner 6:00 Brains & Banter	29 good Friday 8:30 Breakfast 10:00 Gentle Fitness 10:30 Good Friday service-ch 11:00 Brains & Banter 12:00 Lunch 2:30 Easter Social 4:00 You & I 5:00 Dinner	30 8:30 Breakfast 11:00 Easter Brunch and hunt on Main Street—must sign up 12:00 Lunch 3:30 You and Me 5:00 Dinner
31 8:30 Breakfast 10:00 Musical Moments 11:00 Brains & Banter 12:00 Lunch 2:30 Church Service 4:00 You & I 5:00 Dinner	 <p>Happy St. Patrick's Day.</p>		 <p>Happy Holi</p>		 <p>HAPPY EASTER</p>	