

Calendar of Events MARCH 2024



					Nursing Home		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
R - Recreation Room B - Bellwood's (1st Neighborhood) T- Trinity (2nd Neighborhood) BTV- Bellwood's TV Lounge TTV- Trinity TV Lounge TP- Traveling Program on Bellwood's MD - Main Street Dinning Room TD - Trinity Dinning Room BD - Bellwood's Dinning Room	& Trinity				1 9:30am: Calendar Deliver- TP 10am: Table Top Game - MD 2pm: Circle of Friends - MD 3pm: Exercise with Cesar - MD 3:30pm: Neighbourhood Time - TP	2 9:30am: Neighbourhood Time - TP 10am: Hallway Bingo - B 2pm: Hallway Bingo - T 3:30pm: Helping Hands - TTV 4pm: Puzzle Hour - BTV	
3 9:30am: Neighbourhood Time - TP 10am: Virtual Sunday Mass - R 10:30am: You & Me - T 2pm: Rosary with Gloria - R 3:30pm: Movie Hour & Popcorn - Featuring - TTV/BTV	9:30am: Neighbourhood Time - TP 10am: Rosary with Gloria - R 10am: You & Me - TP 1:30pm: Sensory with Pedro - R 1:30pm: Game Hour - TP 3pm: Exercise with Cesar - R	9:30am: Neighbourhood Time - TP 10am: Kitchen Express Pizza 2pm: Java Music - MD 3pm: Exercise with Cesar - MD 3:30pm: Hot Chocolate Social - R 6pm: Balloon Volleyball - T	9:30am: Neighbourhood Time - TP 10am: Hallway Bingo - T 2pm: Hallway Bingo - B 2pm: You & Me - TP 3:30pm: Beside Sensory - B 6pm: Creative Expression - R 6pm: Pat +Posh	10:30am: Yoga with Pedro - R 10:30am: You & Me - TP 1:30pm: Music with Yolanda - MD	8 International Women's Day 9:30am: Neighbourhood Time - TP 10am: Drum Fit - R 2pm: Women's Tea Hour - MD 3pm: Exercise with Cesar - MD 3:30pm: You & Me - TP	9 9:30am: Neighbourhood Time - TP 10am: Hallway Bingo - T 2pm: Hallway Bingo - B 3:30pm: You & Me - TP 4pm: Beside Sensory - T	
10 Ramadan 9:30am: Neighbourhood Time - TP 10am: Virtual Sunday Mass - R 10:30am: You & Me - B 2pm: Rosary with Gloria - R 3:30pm: Hot Chocolate Social - TP Daylight Savings Begins	9:30am: Neighbourhood Time - TP 10am: Rosary with Gloria - R 10am: You & Me - TP 1:30pm: Sensory with Pedro - R 1:30pm: Wood Works - BD 3pm: Exercise with Cesar - R	9:30am: Neighbourhood Time - TP 10am: Roman Catholic Mass - R 2pm: Java Music - MD 2pm: Bowling - T 3pm: Exercise with Cesar - MD 6pm: Spa Hour - TP	9:30am: Neighbourhood Time - TP 10am: Hallway Bingo - B 2pm: Hallway Bingo - T 2pm: You & Me - TP 3:30pm: Arts & Crafts - R 6pm: Water Painting - TP	10:30am: Yoga with Pedro - R 10:30am: You & Me - TP 2pm: Ring Toss - T	9:30am: Neighbourhood Time - TP 10am: Hands on Exotics - R 2pm: Music & Movement - B 3pm: Exercise with Cesar - MD 3:30pm: Reminiscing Hour - TP	9:30am: Neighbourhood Time - TP 10am: Hallway Bingo - B 2pm: Hallway Bingo - T 3:30pm: Helping Hands - TTV 4pm: Travelogue to Ireland - R	
9:30am: Neighbourhood Time - TP 10am: Entertainment with Jay Franco 2pm: Rosary with Gloria - R 3pm: Pub Hour Travelling - TP 3:30pm: Movie Hour & Popcorn - Featuring - TTV/BTV	9:30am: Neighbourhood Time - TP 10am: Rosary with Gloria - R 10am: You & Me - TP 1:30pm: Sensory with Pedro - R 1:30pm: Puzzle Hour - TP 3pm: Exercise with Cesar - R	9:30am: Neighbourhood Time - TP 10am: Java Music - BD 2pm: Resident Council Meeting - MD 2:30pm: Food Committee - MD 3pm: Exercise with Cesar - MD 6pm: Balloon Volleyball - T 6pm: Pat +Posh	9:30am: Neighbourhood Time - TP 10am: Hallway Bingo - T 2pm: Hallway Bingo - B 2pm: You & Me - TP 3:30pm: Beside Sensory - T 6pm: Travelogue to Lisboa	9:30am: Neighbourhood Time - TP 10:30am: Yoga with Pedro - R 10:30am: You & Me - TP 1:30pm: Music with Yolanda - MD 3pm: Exercise with Cesar - MD	22 Happy Birthday Teresa Botelho & Horacio Xavier 9:30am: Neighbourhood Time - TP 10am: Game Hour - TP 2pm: St Patrick's Crafts - MD 3pm: Exercise with Cesar - MD 3:30pm: You & Me - TP	9:30am: Neighbourhood Time - TP 10am: Hallway Bingo - T 2pm: Hallway Bingo - B 3:30pm: You & Me - TP 4pm: Beside Sensory - T	
9:30am: Neighbourhood Time - TP 10am: Intergeneration Program-R 2pm: Rosary with Gloria - R 3:30pm: Hot Chocolate Social - TP	9:30am: Neighbourhood Time - TP 10am: Rosary with Gloria - R 10am: You & Me - TP 1:30pm: Sensory with Pedro - R 1:30pm: Helping Hands - T 3pm: Exercise with Cesar - R	9:30am: Neighbourhood Time - TP 10am: Evangelical Service - R 10:30am: You & Me - TP 2pm: Bowling - T 3pm: Beside Sensory - B 6pm: Spa Hour - TP	9:30am: Neighbourhood Time - TP 10am: Hallway Bingo - B 2pm: Hallway Bingo - T 2pm: You & Me - B 3:30pm: Arts & Crafts - R	9:30am: Neighbourhood Time - TP 10:30am: Yoga with Pedro - R 10:30am: You & Me - TP 2pm: Creative Baking - MD	9:30am: Neighbourhood Time - TP 10am: Drum Fit - R 2pm: Flower Arranging - MD 3pm: Exercise with Cesar - MD 3:30pm: You & Me - TP	30 Happy Birthday Lopes 9:30am: Neighbourhood Time - TP 10am: Hallway Bingo - B 2pm: Hallway Bingo - T 3:30pm: Birthday Celebration - R 4pm:Puzzle Hour - BTV	
31 <u>Easter</u>	INDEPENDENT MOVI	IE PURSUITS	DET THERADY	VISITS			

3pm: Game Hour - TP

9:30am: Neighbourhood Time - TP **Every Tuesday, Thursday and Friday** 10am: Bunny Visits - TP

2pm: Rosary with Gloria - R

at 2pm in the Recreation Room



PET THERAPY VISITS

Every Monday at 6pm



PROGRAMS ARE SUBJECT TO CHANGE