



March 2024

Neighbourhood of Ailsa Craig



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Where Is The Program? * = Arbour Trails Main Building</p> <p>C—Chapel* MF—Main Floor* HS—Hobby Shop* TH—Town Hall* L—Library* PC—Patio Courtyard SC—Social Club* BP—Back Pond* TS—Town Square* FC—Fitness Centre* FE—Front Entrance * JPL — Jack Purcell Lounge ML — Main Lobby BP — Back Patio *</p> <p>NOTE: Programs, their times, and locations are subject to change.</p>			<p>Recreation Contact Information:</p> <p>arbourtrails.recreation@schlegelvillages.com (226)-251-3065 Extension 836</p>		<p>1 9:30 VON Exercise Class FC 10:30 Morning Stretches JPL 2:30 Mini Golf 4th FL Happy Hour: 4:00 Happy Hour 3rd FL 4:20 Happy Hour 4th FL 7:15 Popcorn Pick-up TH 2:30 & 7:30 Movie: "A Man Called Otto" TH</p>	<p>2 10:30 Morning Stretches JPL 10:30 Morning Smoothies TS 1:30 Trivia HS 2:00 Knitting Club 4th FL 2:30 Saturday Series: "Downton Abbey" TH 2:30 Rick Steves Europe: "Paris" JPL 3:00 Happy Hour TS 7:30 Comedy Hour TH</p>
<p>3 10:15 Specialty Coffee Café TS 11:00 DrumFIT FC 1:30 Afternoon Sports SC 2:00 Euchre JPL 2:15 Brain Game Puzzle Pick-up HS 3:00 Chapel Service C 3:45 Fellowship Café TS 4:00 Sunday TV Series: "Keeping up Appearances" TH</p>	<p>4 10:30 Catholic Communion C 11:00 Guided Meditation TH 11:00 VON Exercise JPL 1:00 Giant Crossword 2nd FL 2:00 High Tea 2nd FL 3:00 Better Balance JPL 4:00 Hand Therapy JPL 5:00 Happy Hour JPL 2:30 & 7:30 Movie: "Cabaret" TH</p>	<p>5 Cameron Cards 10:30-2 TS 10:30 Meeting of Minds Discussion Group TH 11:00 VON Exercise JPL 2:30 Art Hour HS 3:30 Stretch Class FC 7:30 Current Events Group L 7:30 Trivia Night HS</p>	<p>6 9:30 VON Exercise FC 10:30 Coffee & Baileys 3rd FL 11:00 VON Exercise JPL 2:00 Jeopardy & Wine JPL *please note time change for today 3:00-4:00 Simple Alterations by Maria HS *Sign up outside the Hobby Shop 7:30 Popular Music on Wednesday TH</p>	<p>7 10:00 Morning Stretches FC 10:30 Bible Study C 11:00 VON Exercise JPL 1:30 Classic TV Show: "I Love Lucy" TH 2:30 Hymn Sing C 2:30 Food Committee Meeting L 3:00 Gentle Exercises FC 3:30 Mini Golf FC 7:00 No Stress Bridge JPL 7:40 Bingo! HS 2:30 & 7:30 Movie: "Irma La Douce" TH</p>	<p>8 9:30 VON Exercise Class FC 10:00 IKEA Outing *RSVP on the main floor 2:30 Entertainment: "Grace Cowley" TH Happy Hour: 4:00 Happy Hour 3rd FL 4:20 Happy Hour 4th FL 7:15 Popcorn Pick-up TH 7:30 Movie: "Little Women" TH</p> <p>International Women's Day <i>Check out the display in Town Square</i></p>	<p>9 10:30 Morning Smoothies TS 1:30 Trivia HS 2:00 Knitting Club 4th FL 2:30 Saturday Series: "Downton Abbey" TH 3:00 Happy Hour TS 7:30 Comedy Hour TH</p>
<p>10 10:15 Specialty Coffee Café TS 11:00 DrumFIT FC 1:30 Afternoon Sports SC 2:00 Euchre JPL 2:15 Brain Game Puzzle Pick-up HS 3:00 Chapel Service C 3:45 Fellowship Café TS 4:00 Sunday TV Series: "Keeping up Appearances" TH</p> <p>Daylight Savings Time <i>Turn your clock ahead 1 hour</i></p>	<p>11 10:30 Catholic Communion C 11:00 Guided Meditation TH 11:00 VON Exercise JPL 2:00 High Tea 2nd FL 3:00 Better Balance JPL 4:00 Hand Therapy JPL 5:00 Happy Hour JPL 2:30 & 7:30 Movie: "The Lunchbox" TH</p> <p>First Day of Ramadan</p>	<p>12 10:30 Meeting of Minds Discussion Group TH 11:00 VON Exercise JPL 2:30 Art Hour HS 3:30 Stretch Class FC 7:30 Current Events Group L 7:30 Trivia Night HS</p>	<p>13 10:30 Coffee & Baileys 3rd FL 10:30 Men's Conversation Connection C 11:00 VON Exercise JPL 12:15 Ernie's Roadhouse *RSVP on main floor 2:15 Therapeutic Paws: Raven Visits HS 3:00 Get Active JPL 3:00 Bookmobile FE 3:00-4:00 Simple Alterations by Maria HS *Sign up outside the Hobby Shop 7:30 Classical Music on Wednesday TH</p>	<p>14 10:00 Morning Stretches FC 10:30 Bible Study C 11:00 VON Exercise JPL 1:30 Classic TV Show: "I Love Lucy" TH 2:30 Hymn Sing C 3:00 Gentle Exercises FC 3:30 Movie Crew Meeting FC 7:00 No Stress Bridge JPL 7:40 Bingo! HS 2:30 & 7:30 Movie: "Some Like It Hot" TH</p>	<p>15 9:30 VON Exercise Class FC 10:30 Coffee Hour & Guest Speaker: Lyn McLeod JPL 2:30 Mini Golf 4th FL Happy Hour: 4:00 Happy Hour 3rd FL 4:20 Happy Hour 4th FL 7:15 Popcorn Pick-up TH 2:30 & 7:30 Movie: "Greyhound" TH</p>	<p>16 *No Morning Smoothies 1:30 Trivia HS 2:00 Knitting Club 4th FL 2:00 Morning Stretches JPL *please note time change 2:30 Saturday Series: "Downton Abbey" TH 3:00 Documentary: "Hidden Ireland" JPL 6:30-8:30 St. Patrick's Day Pub Crawl Featuring LIVE Entertainment by: "The Backstage Boys" at 7:30 p.m. TS</p> <p>*No Comedy Hour</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
17 10:15 Specialty Coffee Café TS 10:15 Virtual Concert: "Celtic Thunder" TH 11:00 DrumFIT FC 1:30 Afternoon Sports SC 2:00 Euchre JPL 2:15 Brain Game Puzzle Pick-up HS 3:00 Chapel Service C 3:45 Fellowship Café TS 4:00 Sunday TV Series: "Keeping up Appearances" TH	18 Factory Shoe Store Sale 11-3 TS 10:30 Catholic Communion C 11:00 Guided Meditation TH 11:00 VON Exercise JPL 1:00 Giant Crossword 2nd FL 2:00 High Tea 2nd FL 3:00 Better Balance JPL 4:00 Hand Therapy JPL 5:00 Happy Hour 3rd FL 2:30 & 7:30 Movie: "The Leopard" TH	19 10:30 Meeting of Minds Discussion Group TH 11:00 VON Exercise JPL 2:30 Art Hour: Spring Flower Arranging HS *Sign up outside the Hobby Shop 3:30 Stretch Class FC 7:30 Current Events Group L 7:30 Trivia Night HS First Day of Spring	20 10:30 Coffee & Baileys 3rd FL 11:00 VON Exercise JPL 2:30 Tech Help <i>*please call ext. 836</i> 2:30 Residents' Council Meeting TH 3:00 Get Active JPL 3:00-4:00 Simple Alterations by Maria HS *Sign up outside the Hobby Shop 3:30 Jeopardy & Wine JPL 7:30 Entertainment: "James Skarnikat" TH	21 KMW Clothing 10-3 HS 10:00 Chair Yoga FC 10:30 Bible Study C 11:00 VON Exercise JPL 1:30 Classic TV Show: "I Love Lucy" TH 2:30 Hymn Sing C 3:00 Gentle Exercises FC 3:30 Mini Golf FC 7:00 No Stress Bridge JPL 7:40 Bingo! HS 2:30 & 7:30 Movie: "People Will Talk" TH	22 9:30 VON Exercise Class FC 10:30 Morning Stretches JPL 2:00 Mini Golf 4th FL <i>*please note time change</i> 2:30 Hand Therapy HS 3:00 Happy Hour 3rd FL <i>*please note time change</i> 7:15 Popcorn Pick-up TH 2:30 & 7:30 Movie: "Barbie" TH	23 10:30 Guelph Brownies Visit TS 1:30 Trivia HS 2:00 Knitting Club 4th FL 2:30 Saturday Series: "Downton Abbey" TH 3:00 Happy Hour TS 7:30 Comedy Hour TH Purim		
24 10:15 Specialty Coffee Café TS 11:00 DrumFIT FC 1:30 Afternoon Sports SC 2:00 Euchre JPL 2:15 Brain Game Puzzle Pick-up HS 2:30 Chapel Service: Salvation Sounds Perform C 3:45 Fellowship Café TS 4:00 Sunday TV Series: "Keeping up Appearances" TH Palm Sunday	25 Creations Boutique 10-2 HS 10:15 Word Games HS 10:30 Catholic Communion C 11:00 Guided Meditation TH 11:00 VON Exercise JPL 1:30 Shake Loose a Memory Game L 3:00 Better Balance JPL 3:00 Musical Bingo HS 2:30 & 7:30 Movie: "Moulin Rouge!" TH Holi	26 10:30 Meeting of Minds Discussion Group TH 11:00 VON Exercise JPL 2:00 Book Club 2nd FL 2:30 Art Hour: Virtual Easter Painting Class HS *Sign up outside the Hobby Shop 3:30 Stretch Class FC 4:00 Hand Therapy JPL 5:00 Happy Hour 3rd FL 7:30 Entertainment: "Royal City Ukelele Ensemble" TS	27 Stars of Modern Fashion 10-2 TS 10:30 Coffee & Baileys 3rd FL 11:00 VON Exercise JPL 10:30 Men's Conversation Connection C 2:30 Tech Help <i>*please call ext. 836</i> 3:00 Get Active JPL 3:00 Bookmobile FE 3:00-4:00 Simple Alterations by Maria HS *Sign up outside the Hobby Shop 3:30 Jeopardy & Wine JPL 7:30 Classical Music on Wednesday TH	28 10:00 Chair Yoga FC 10:30 Bible Study C 11:00 VON Exercise JPL 1:30 Classic TV Show: "I Love Lucy" TH 2:30 Hymn Sing C 2:30 Conversation Café JPL 3:00 Gentle Exercises FC 3:30 Mini Golf FC 7:00 No Stress Bridge JPL 7:40 Bingo! HS 2:30 & 7:30 Movie: "The Founder" TH	29 Earnest Floral 10-12 TS 9:30 VON Exercise Class FC 10:30 Good Friday Chapel Service C 10:30 Morning Stretches JPL 2:30 Mini Golf 4th FL Happy Birthday Hour: 4:00 Happy Hour 3rd FL 4:20 Happy Hour 4th FL 7:15 Popcorn Pick-up TH 2:30 & 7:30 Movie: "Downton Abbey: A New Era" TH Good Friday	30 10:30 Morning Stretches JPL 10:30 Morning Smoothies TS 1:30 Trivia HS 2:00 Knitting Club 4th FL 2:30 Saturday Series: "Downton Abbey" TH 2:30 Rick Steve Europe: "Western and Central Turkey" JPL 3:00 Happy Hour: Featuring Entertainment by John London TS 7:30 Comedy Hour TH Easter Egg Hunt <i>Find the golden eggs on your neighbourhood to win a prize!</i>		
31 10:15 Specialty Coffee Café TS 11:00 DrumFIT FC 1:30 Afternoon Sports SC 2:00 Euchre JPL 2:15 Brain Game Puzzle Pick-up HS 3:00 Easter Sunday Chapel Service C 3:45 Fellowship Café TS 4:00 Sunday TV Series: "Keeping up Appearances" TH Easter Sunday	<div style="border: 1px solid black; padding: 10px; text-align: center;"> <p>Recreation Contact Information:</p> <p>arbourtrails.recreation@schlegelvillages.com (226)-251-3065 Extension 836</p> </div>							
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