

## March 2024

## Waldau Neighbourhood



VVIIIOTOTVIIII						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Strasburg—(SB) Aberdeen—(AD) Kingsdale—(KD) Roseville—(RV) Sandhills—(SH) Waldau—(WD) Haysville—(HV) Ret. John Sweeney Rm —(JS) LTC Worship Room— (LTC) WR)			VENDORS  March 2—Traditions Alive  March 5th Plattsville Paperwork's  March 21st Factory Shoes  IN THE LIBRARY FROM 11-3		1 8:15 Breakfast 10:00 For The Spirit 11:00 Brains and Banter 12:00 Lunch 2:00 Manicures 3:00 Fun and Fitness (PAL) 5:00 Dinner	2 8:15 Breakfast 11:00 Rosary in LTC WR 12:00 Lunch 2:30 Bingo on KD 3:00 Brains and Banter 5:00 Dinner 5:15 Dinner
3 8:15 Breakfast 9:30 For The Spirit 11:00 For The Fun of Fit 12:00 Lunch 2:00 Brains and Banter 3:00 Music and Dancing 5:15 Dinner	4 8:15 Breakfast 9:30 Brains and Banter 10:45 Horticulture 12:00 Lunch 2:00 For The Spirit 3:00 Reading Circle 5:15 Dinner	5 <b>Timbit Day</b> 8:15 Breakfast 9:45 Music Therapy 11:00 Fun and Fitness (PAL) 12:00 Lunch 1:15 Brains and Banter 2:00 Tv in the Lounge 5:15 Dinner	6 8:15 Breakfast 9:45 Brains and Banter 11:00 Pet Therapy 12:00 Lunch 2:00 For The Fun of Fit 3:15 Music Therapy 5:15 Dinner	7 8:15 Breakfast 9:45 Brains and Banter 11:15 Music Therapy 12:00 Lunch 2:00 Baking 3:15 Reading Circle 5:15 Dinner	8 International Women's Day 8:15 Breakfast 10:00 For The Spirit 11:00 Brains and Banter 12:00 Lunch 2:00 Me and You 1:1s 3:00 Fun and Fitness (PAL) 5:15 Dinner	9 8:15 Breakfast 10:00 Morning Greetings 11:00 Brains and Banter 12:00 Lunch 2:00 Stepping Out 3:00 Manicures 5:15 Dinner
10 Ramadan Begins 8:15 Breakfast 9:30 For the Spirit 11:00 Express Yourself 12:00 Lunch 2:00 Stepping Out 3:00 Brains and Banter 5:15 Dinner	11 8:15 Breakfast 9:30 Express Yourself 10:45 Horticulture 12:00 Lunch 2:00 For The Spirit 3:00 Brains and Banter 5:15 Dinner	12 8:15 Breakfast 9:45 Music Therapy 11:00 Fun and Fitness (PAL) 12:00 Lunch 2:30 Brains and Banter 5:15 Dinner 6:15 Tom Denomme	13 8:15 Breakfast 10:00 Brains and Banter 11:00 Express Yourself 12:00 Lunch 2:00 Stepping Out 3:15 Music Therapy 5:15 Dinner	14 HENRY WINTER 8:15 Breakfast 10:00 Brains and Banter 11:15 Music Therapy 12:00 Lunch 2:00 Reading Circle 3:30 Henry Winter Performs 5:15 Dinner	15 8:15 Breakfast 10:30 Anglican Service in JS 11:00 Brains and Banter 12:00 Lunch 2:00 Manicures 3:00 Fun and Fitness (PAL) 5:15 Dinner	16 8:15 Breakfast 9:45 Brains and Banter 10:45 Baking 12:00 Lunch 2:00 Music and Dancing 3:00 Stepping Out 5:15 Dinner
17 <b>ST Patricks Day</b> 8:15 Breakfast 9:30 For The Spirit 11:00 Brains and Banter 12:00 Lunch 2:00 St Patricks Day Social 3:00 Express Yourself 5:15 Dinner	18 8:15 Breakfast 9:30 Brains and Banter 10:45 Horticulture 12:00 Lunch 2:00 For The Spirit 3:15 For The Fun of Fit 5:15 Dinner	19 <b>First Day of Spring</b> 8:15 Breakfast 9:45 Music Therapy 11:00 Fun and Fitness (PAL) 12:00 Lunch 1:30 In the Kitchen 3:00 You and Me 5:15 Dinner	20 8:15 Breakfast 10:00 Brains and Banter 11:00 For The Fun of Fit 12:00 Lunch 2:00 Reading Circle 3:15 Music Therapy 5:15 Dinner	21 8:15 Breakfast 10:00 Brains and Banter 11:15 Music Therapy 12:00 Lunch 2:00 Baking 3:15 You and Me (1:1s) 5:15 Dinner	22 8:15 Breakfast 10:00 For The Spirit 11:00 Brains and Banter 12:00 Lunch 2:30 Memorial Service RET 3:00 Fun and Fitness (PAL) 5:15 Dinner	23 <b>Purim</b> 8:15 Breakfast 10:00 Morning Greetings 11:00 Brains and Banter 12:00 Lunch 2:30 Euchre on Sandhills 5:15 Dinner
24 Palm Sunday 8:15 Breakfast 9:30 Brains and Banter 10:30 Church in JS 12:00 Lunch 2:00 Stepping Out 3:00 Manicures 5:15 Dinner	25 <b>Holi</b> 8:15 Breakfast 9:30 Music & Dancing 10:45 Horticulture 12:00 Lunch 2:00 For The Spirit 3:00 Brains and Banter 5:15 Dinner	26 8:15 Breakfast 9:45 Music Therapy 11:00 Fun and Fitness (PAL) 12:00 Lunch 1:30 Brains and Banter 3:00 Pet Therapy 5:15 Dinner	27 8:15 Breakfast 10:00 Brains and Banter 11:00 For The Fun of Fit 12:00 Lunch 2:00 Stepping Out 3:15 Music Therapy 5:15 Dinner	28 8:15 Breakfast 10:00 Brains and Banter 11:15 Music Therapy 12:00 Lunch 2:00 Express Yourself 3:15 You and Me (1:1s) 5:15 Dinner	29 Good Friday 8:15 Breakfast 10:30 Church Service RV 11:00 Brains and Banter 12:00 Lunch 2:00 Manicures 3:00 Active Game 5:15 Dinner	30 8:15 Breakfast 10:00 Brains and Banter 11:00 Music and Dancing 12:00 Lunch 2:00 Brains and Banter 3:00 Express Yourself 5:15 Dinner
31 <b>Easter</b> 8:15 Breakfast 9:30 For The Spirit 10:30 Easter Social 12:00 Lunch 2:30 Church Service RET 5:15 Dinner						