


March 2024

7Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<p>1</p> <p>10:00 – 11:30 Sign up for March Activities - MHR</p> <p>10:00 Gentle Fitness – SH</p> <p>10:30 Colouring – MHR</p> <p>11:00 Fun with Words - FSL</p> <p>11:00 Executive Council Meeting – BR</p> <p>11:00 Tech Help with Noreen - SH</p> <p>2:30 – 3:45 Happy Hour \$ – FSL</p> <p>6:45 Wii Bowling – TH</p>	<p>2</p> <p>9:30 Coffee Catch-up – CA</p> <p>10:00 Colouring - MHR</p> <p>10:00 March Random Trivia – FSL</p> <p>11:00 1000 Step Challenge – Meet outside the LIB (Indoor or outdoor walk weather depending)</p> <p>2:30 Birthday Party with Kelly Davies – TH</p> <p>6:15 Independent Board Games - MHR</p> <p>7:00 Poker - PS</p>
<p>3</p> <p>9:15 One-to-One Visits – T</p> <p>10:45 Worship Service – TH</p> <p>11:30 Catholic Communion – TH</p> <p>1:30 Visit with Beau the Golden Retriever – PS</p> <p>3:00 Sunday Social – CA</p>	<p>4</p> <p>10:00 Musical Moments Sing-a-long - TH</p> <p>10:30 Northern School Knitting – MHR</p> <p>11:00 Poetry Appreciation with Patricia – LIB</p> <p>11:00 Mini-Putt - TH</p> <p>2:00 Cards – MHR</p> <p>2:00 Canada Jingo - SH</p> <p>3:00 Kahoot - SH</p> <p>7:00 Bingo \$ - TH</p>	<p>5</p> <p>9:30 Prayer Circle – CH</p> <p>10:00 Words that Begin with M – FSL</p> <p>10:00 Jeopardy - TH</p> <p>10:30 Group Discussion – CH</p> <p>11:00 Mexican Train Dominoes – MHR</p> <p>11:00 One-to-One Visits – T</p> <p>1:30 or 2:15 End of Life Education Session - TH</p> <p>2:00 Scrabble – MHR</p> <p>2:00 Shuttle Bus to Metro</p> <p>2:00 Cribbage – MHR</p> <p>3:00 Women's Pool - FSL</p> <p>7:00 Bridge – SC</p> <p>7:00 Tech Help with Noreen- T</p> <p>7:00 Musical Bingo - SH</p>	<p>6</p> <p>10:00 Tea, Trivia & Fun Facts – MHR</p> <p>10:30 Knitting Club - MHR</p> <p>11:00 Bean Bag Toss – TH</p> <p>1:45 Bid Euchre – MHR</p> <p>2:00 Oldie Matinee – TH “Hello Dolly”</p> <p>7:00 Horse Racing – SH</p>	<p>7</p> <p>9:45 Fun, Useless Tidbits of Information – FSL</p> <p>10:00 Outing: “Little Canada” & Lunch in Toronto \$ – T</p> <p>10:30 Knitting Club – MHR</p> <p>*Note new location*</p> <p>10:45 Java Social – 3SCA</p> <p>2:00 Wordle - TH</p> <p>3:00 One-to-One Visits – T</p> <p>7:00 Movie – TH “Hope Springs”</p>	<p>8</p> <p>International Woman's Day</p> <p>9:30 Bocce Ball - SH</p> <p>10:00 Gentle Fitness – SH</p> <p>10:00 – 11:30 Ramadan Presentation – TH</p> <p>10:30 Memory Game – MHR</p> <p>10:30 Colouring – MHR</p> <p>11:00 Fun with Words – FSL</p> <p>11:00 Tech Help with Noreen – SH</p> <p>2:00 Woman's Day Film – TH “Erin Brockovich”</p> <p>2:30 – 3:45 Happy Hour \$ – FSL</p> <p>6:45 Wii Bowling – TH</p>	<p>9</p> <p>9:15 Mini Manicures – MHR</p> <p>9:30 Coffee Catch-up – CA</p> <p>10:00 Colouring – MHR</p> <p>11:00 Travelogue Video: Sottish Highlands – TH</p> <p>1:30 Pick Up Colouring Contest Sheet – MHR</p> <p>2:00 Bingo – TH</p> <p>3:30 Wheel of Fortune - FSL</p> <p>6:15 Independent Board Games - MHR</p> <p>7:00 Poker - PS</p> <p>Turn your clocks ahead one hour before bed</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: right;">10</p> <p>Daylight Savings Academy Awards</p> <p>9:15 One-to-One Visits – T 10:45 Worship Service – TH 11:30 Catholic Communion – TH 1:45 Carpet Bowling – TH 3:00 Academy Awards Sunday Social – CA</p>	<p style="text-align: right;">11</p> <p>1st Day of Ramadan</p> <p>9:30 One-to-One Visits – T 10:30 Pick Up a Speciality Hot Chocolate - CA 10:30 Northern School Knitting – MHR 2:00 Cards – MHR 2:00 Wordle - SH 3:00 Axe Throwing - SH 7:00 Bingo \$ - TH</p>	<p style="text-align: right;">12</p> <p>9:30 Prayer Circle – CH 10:00 Wheel of Fortune – FSL 10:00 Arm Chair Travel to Chicago - TH 10:30 Group Discussion – CH 11:00 One-to-One Visits – T 2:00 Music Appreciation with Ron & Tony - TH 2:00 Shuttle bus to Walmart 2:00 Cribbage – MHR 2:15 5th Floor North Residents “Get to Know Your Neighbours” 3:00 5th Floor South Residents “Get to Know Your Neighbours” 3:00 Women’s Pool – FSL 7:00 Bridge – SC 7:00 Tech Help with Noreen – T 7:00 Musical Bingo - SH</p>	<p style="text-align: right;">13</p> <p>Pick up an Activity Booklet outside MHR</p> <p>10:00 Fun for Health Weigh-in & Discussion – FSL 10:30 Knitting Club - MHR 11:00 Ladderball – TH 1:45 Bid Euchre – MHR 2:00 Bible Study - CH 2:30 Guest Speaker: Anne Woolger - TH “Housing and Assistance for Refugees” 4:45 Dinner Outing to Scaddabush Italian Kitchen & Bar - T</p>	<p style="text-align: right;">14</p> <p>9:45 Fun, Useless Tidbits of Information - FSL 10:00 TV Series – TH “The Crown” Season 6 10:30 Pool Practice - FSL 10:30 Knitting Club – MHR 10:45 Java Social – 3SCA 1:00 One-to-One Visits – T 2:00 St. Patty’s Day Craft - MHR 2:00 6th Floor North Residents “Get to Know Your Neighbours” 3:00 6th Floor South Residents “Get to Know Your Neighbours” 3:00 One-to-One Visits – T 4:45 Dinner Outing to Scaddabush Italian Kitchen & Bar - T 7:00 Movie – TH “The Hill”</p>	<p style="text-align: right;">15</p> <p>9:30 Bocce Ball - SH 10:00 Gentle Fitness – SH 10:00 Catholic Mass - TH 10:30 Memory Game - MHR 10:30 Colouring – MHR 11:00 Fun with Words – FSL 11:00 Tech Help with Noreen - SH 2:30 – 3:45 Giddy Up! Western themed Happy Hour \$ – FSL (Dress the part & receive a free drink!) 6:45 Wii Bowling – TH</p>	<p style="text-align: right;">16</p> <p>9:30 Coffee Catch-up – CA 9:45 Andre Rieu Live in Dublin - TH 10:00 Colouring - MHR 10:00 Mini-Manicures – MHR 11:00 Eyeglass & Jewellery Cleaning - MHR 2:30 St. Patrick’s Day Entertainment with Jay and Emily – Town Square 6:15 Independent Board Games - MHR 7:00 Poker – PS</p>
<p style="text-align: right;">17</p> <p>Happy St. Patrick’s Day Wear Green Today!</p> <p>9:15 One-to-One Visits – T 10:00 Leprechauns on the Loose Scavenger Hunt on Main Street 10:45 Worship Service – TH 2:00 Fireside Reading with Pauline - LIB 3:00 St. Patrick’s Day Social - CA</p>	<p style="text-align: right;">18</p> <p>Mobile Senior Shop Vendor – MS (10:00 – 2:00) 10:00 Craft - MHR 10:30 Northern School Knitting – MHR 2:00 Cards – MHR 2:00 Pick Up a Speciality Coffee - CA 2:00 Canada Jingo – SH 3:00 Kahoot - SH 7:00 Bingo \$ - TH</p>	<p style="text-align: right;">19</p> <p>8:30 Breakfast Club – Pick up outside CA 9:30 Prayer Circle – CH 10:30 Group Discussion – CH 11:00 Mexican Train Dominoes - MHR 2:00 Shuttlebus to Whitefeather 2:00 Cribbage – MHR 2:30 Hymn Sing – TH 3:00 Women’s Pool - FSL 7:00 Bridge – SC 7:00 Tech Help with Noreen - T 7:00 Entertainment with Shannon – TH “The Birth of Rock”</p>	<p style="text-align: right;">20</p> <p>First Day of Spring 10:30 Knitting Club - MHR 1:45 Bid Euchre – MHR 2:00 Bible Study – CH 2:00 – 4:00 Greenhouse Opening – LTC 5:30 Night of Elegance – Ruby</p>	<p style="text-align: right;">21</p> <p>9:45 Fun, Useless Tidbits of Information - FSL 10:00 TV Series – TH “The Crown” Season 6 10:30 Pool Practice – FSL 10:30 Anglican Church Service - CH 10:30 Knitting Club – MHR 10:45 Java Social – 3SCA 1:00 One-to-One Visits - T 1:45 Food Committee - TH 2:30 Resident’s Council - TH 7:00 Movie – TH “Queen Bees” 7:15 Curling – SC</p>	<p style="text-align: right;">22</p> <p>9:30 Bocce Ball - SH 10:00 Gentle Fitness – SH 10:30 Memory Game - MHR 10:30 Colouring – MHR 11:00 Tech Help with Noreen - SH 11:00 Fun with Words – FSL 2:30 – 3:45 Happy Hour \$ – FSL 6:45 Wii Bowling – TH</p>	<p style="text-align: right;">23</p> <p>9:15 Mini Manicures – MHR 9:30 Coffee Catch-up – CA 10:00 Colouring – MHR 11:00 Travelogue Video – New Jersey – TH 1:30 “You be the Judge” Colouring Contest Display - MHR 1:45 Afternoon Movie – TH “Back to the Future” 2:00 Pool Tournament - FSL 6:15 Independent Board Games - MHR 7:00 Poker - PS</p>

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<p style="text-align: right;">24</p> <p style="text-align: center;">Palm Sunday</p> <p>9:15 One-to-One Visits – T</p> <p>10:45 Worship Service – TH</p> <p>11:30 Catholic Communion – TH</p> <p>1:45 Carpet Bowling -TH</p> <p>3:00 Sunday Social – CA</p>	<p style="text-align: right;">25</p> <p>9:30 Irish Tenors on the Big Screen - TH</p> <p>10:00 Step-by-Step Painting – MHR</p> <p>10:30 Northern School Knitting – MHR</p> <p>1:30 Wordle - SH</p> <p>2:00 Mini-Putt – TH</p> <p>2:00 Cards – MHR</p> <p>3:00 Short Jokes and One Liners – FSL</p> <p>3:30 Bocce Ball - SH</p> <p>7:00 Bingo \$ - TH</p>	<p style="text-align: right;">26</p> <p>Traditions Alive Vendor – MS (10:00 – 2:00)</p> <p>9:30 Prayer Circle – CH</p> <p>10:00 What Comes to Mind? – FSL</p> <p>10:30 Group Discussion – CH</p> <p>11:00 Axe Throwing – TH</p> <p>2:00 Horse Racing - SH</p> <p>2:00 Shuttle bus to Superstore</p> <p>2:00 Cribbage – MHR</p> <p>3:00 Washer Toss - TH</p> <p>3:00 Women’s Pool - FSL</p> <p>7:00 Bridge – SC</p> <p>7:00 Tech Help with Noreen – T</p> <p>7:00 Musical Bingo - SH</p>	<p style="text-align: right;">27</p> <p>10:00 Fun for Health Weigh-in & Discussion – FSL</p> <p>10:30 Knitting Club - MHR</p> <p>11:00 Ladderball – TH</p> <p>1:45 Bid Euchre – MHR</p> <p>2:00 Bible Study – CH</p> <p>2:00 Easter Craft - SH</p> <p>2:00 UNO Card Game – MHR</p> <p>3:00 Whack a Balloon - TH</p> <p>7:00 Horse Racing - SH</p>	<p style="text-align: right;">28</p> <p>10:00 Easter Parade – MS</p> <p>Join in the fun! Wear your Easter Bonnet or decorate your walker/wheelchair</p> <p>10:30 Knitting Club - MHR</p> <p>2:00 Java Social - 3SCA</p> <p>3:00 Bullseye Target Toss - TH</p> <p>7:00 Documentary – TH “Yogi Berra: It Ain’t Over”</p> <p>7:15 Curling - SC</p>	<p style="text-align: right;">29</p> <p style="text-align: center;">Good Friday</p> <p>10:30 Colouring – MHR</p> <p>10:45 Good Friday Church Service - TH</p> <p>2:30 – 3:30 Good Friday Wine & Cheese Social – CA</p> <p>6:45 Wii Bowling – TH</p>	<p style="text-align: right;">30</p> <p>9:30 Coffee Catch-up – CA</p> <p>10:00 Colouring – MHR</p> <p>10:00 Easter Trivia – FSL</p> <p>11:00 1000 Step Challenge – Meet outside the LIB (Indoor or outdoor walk weather depending)</p> <p>2:00 Afternoon Movie – TH</p> <p>7:00 Poker – PS</p> <p style="text-align: center;">April Calendar Delivery</p>
<p style="text-align: right;">31</p> <p style="text-align: center;">Easter Sunday</p> <p>9:15 One-to-One Visits – T</p> <p>10:45 Worship Service – TH</p> <p>11:30 Catholic Communion – TH</p> <p>1:30 Visit with Beau the Golden Retriever – PS</p> <p>3:00 Sunday Social – CA</p>					<p style="text-align: center;"><u>Legend</u></p> <p>LIB - Library</p> <p>TH - Town Hall</p> <p>CA - Cafe</p> <p>MHR - Main Hobby Room</p> <p>CH - Chapel</p> <p>T - Travelling</p> <p>B - Bistro</p> <p>2NBal – 2nd Floor North Balcony</p>	<p>SC - Senior Centre</p> <p>FSL - Fireside Lounge</p> <p>MS - Main Street</p> <p>PS - Pet Shoppe</p> <p>SH - School House</p> <p>DR - Dining Room</p> <p>OS – Outside</p> <p>3SCA – 3rd Floor South Common Area</p>

March 2024

CALENDAR LEGEND

Recreation/Main Hobby Room – ext. 8013

Calendars are delivered the last day of each month outlining activities for the following month.

Recreation programs mainly run as “First Come, First Enjoy”; however, some will require “Sign-up” due to space restrictions.

Programs are subject to change without notice.

Sign-ups will only be required for those activities in **red** print on the calendar. **Sign-ups will usually take place on the first of each month, however, there may be times that this date is not possible. Please check your calendar monthly for the date, time and location. Sign-ups are done IN PERSON. Please sign up for yourself and one other person only to allow equal opportunity for all residents. Completed sign-up lists will be available in the Sign-Up Binder located in MHR on the day following sign-up each month for review.**

SYMBOL	MEANING
\$	Bingo: \$1.00 per card Outings: price communicated ahead of time
T	Travelling – Recreation Team members or volunteers will visit resident suites
Highlighted in Yellow	Activity Ambassador led activities (see below)
Outside Activity	Weather Permitting; meet in MHR if outdoor conditions are not favourable for alternate plans
Pick up/Take Outs	While quantities last
Red print activities	Sign-up in person at the time and location indicated on that month’s calendar Examples: <ul style="list-style-type: none"> - Breakfast Club/Night of Elegance - Neighbourhood outings/walks - Painting and Craft Classes - Tech Support - Any Bus Outings - Swimming - Kinesiology programs

ACTIVITY AMBASSADORS

Bid Euchre	Lou Watson - 2700 and Lou Marzola - 3413	General Discussion	Ken Helson – 905-576-5673
Billiards	Lou Marzola - 3413	Knitting Club	Betty Plaskitt - 3305
Book Club	Pauline Reed - 2704	Music Appreciation	Ron Kellington – 3623 and Tony Sibley - 2708
Bridge	Jane Saunders and Joan Biergard - 3622	Northern School Knitting Club	Irene Cherrett - 2321
Colouring	Betty Plaskitt - 3305	Poetry Appreciation	Patricia Bayley – 2710
Cribbage	Roy Carlson – 3319	Poker	Lou Marzola - 3413