



March 2024

Strasburg Neighbourhood



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Strasburg—(SB)
Aberdeen—(AD)
Kingsdale—(KD)
Roseville—(RV)
Sandhills—(SH)
Waldau—(WD)
Haysville—(HV)
Ret. John Sweeney Rm —(JS)
LTC Worship Room— (LTC) WR)

VENDORS
March 2—Traditions Alive
March 5th Plattsville Paperwork's
March 21st Factory Shoes
IN THE LIBRARY FROM 11-3

1
8:30 Breakfast
10:30 Exercise
11:00 Bowling
12:00 Lunch
1:30 Word Games
3:00 Indoor Walks
5:00 Dinner

2
8:30 Breakfast
9:45 Exercise
10:30 Bingo
11:00 Rosary
12:00 Lunch
1:30 Football Toss
2:30 LTC Wide Bingo (KD)
5:00 Dinner

3
8:30 Breakfast
9:45 Exercise
10:00 TV Church
11:00 Java Music
2:00 Express Yourself
3:30 You & Me
5:00 Dinner

4
8:30 Breakfast
9:30 Walmart Outing
10:30 In the spirit
12:00 Lunch
1:30 Craft with Marie
3:00 Horticulture
5:00 Dinner

5 Timbit Day
8:30 Breakfast
10:00 Total Body Fitness
11:00 Church
12:00 Lunch
1:30 Nail Care
2:00 Liam on Guitar
2:30 Bible Study
5:00 Dinner
6:00 Short stories

6
8:30 Breakfast
9:45 Zumba
11:00 Hymn Sing
12:00 Lunch
1:30 Horse Racing
2:30 Book Club
5:00 Dinner

7
8:30 Breakfast
9:45 Exercise
9:45 Music Therapy
10:30 Chime Choir
12:00 Lunch
1:30 Bingo
3:30 Tai Chi
5:00 Dinner

8 International Women's Day
8:30 Breakfast
10:30 Exercise
11:00 Football Toss
12:00 Lunch
1:30 Flute with Erin
2:30 Story Teller (SH)
Stories of Women
5:00 Dinner

9
8:30 Breakfast
9:45 Exercise
10:30 Bingo
12:00 Lunch
1:30 Board Games
3:15 Indoor Walks
5:00 Dinner

10
8:30 Breakfast
9:45 Exercise
10:00 TV Church
11:00 Java Music
1:30 Apostolic Hymn Sing
2:30 Football Toss
5:00 Dinner

11
8:30 Breakfast
9:30 Exercises
10:30 In the spirit
12:00 Lunch
1:30 Craft with Marie
1:30 Hand Therapy
3:00 Horticulture
5:00 Dinner

12
8:30 Breakfast
10:00 Total Body Fitness
11:00 Church
12:00 Lunch
1:30 Nail Care
2:30 Bible Study
5:00 Dinner
6:00 Short Stories

13
8:30 Breakfast
9:45 Zumba
11:00 Hymn Sing
12:00 Lunch
1:30 Tour Ireland in Strasburg
2:30 Book Club
5:00 Dinner

14
8:30 Breakfast
9:45 Exercise
9:45 Music Therapy
10:30 Chime Choir
12:00 Lunch
1:30 Bingo
3:30 Tai Chi
5:00 Dinner

15
8:30 Breakfast
9:45 Exercise
10:30 Bowling
12:00 Lunch
1:30 Word Games
3:00 Indoor Walks
5:00 Dinner

16
8:30 Breakfast
9:45 Exercise
10:30 Bingo
11:00 Rosary
12:00 Lunch
2:00 Birthday Sing-a-long (AD)
3:15 Stepping Out
5:00 Dinner

17 St. Patrick's Day
8:30 Breakfast
9:45 Exercise
10:00 TV Church
11:00 Java Music
2:00 Bob MacLean (AD)
3:30 You & Me
5:00 Dinner

18
8:30 Breakfast
9:30 Exercises
10:30 In the spirit
12:00 Lunch
1:30 Craft with Marie
3:00 Horticulture
5:00 Dinner

19 First Day of Spring
8:30 Breakfast
10:00 Total Body Fitness
11:00 Church
12:00 Lunch
1:30 Nail Care
2:30 Bible Study
5:00 Dinner
6:00 Short Stories

20
8:30 Breakfast
9:45 Zumba
11:00 Hymn Sing
12:00 Lunch
2 :00 PEGTALKS
"Vincent Van Gogh"
2:30 Board Games
5:00 Dinner

21
8:30 Breakfast
9:45 Exercise
9:45 Music Therapy
10:30 Chime Choir
11:00 Dining Outing at Ruby's
12:00 Lunch
1:30 Bingo
3:30 Tai Chi
5:00 Dinner

22
8:30 Breakfast
10:30 Exercise
11:00 Football Toss
12:00 Lunch
1:30 Flute with Erin
3:00 Brains & Banter
5:00 Dinner

23 Purim
8:30 Breakfast
9:45 Exercise
10:30 Bingo
12:00 Lunch
1:30 Word Games
2:30 LTC Wide Euchre (SH)
5:00 Dinner

Wear Green

24 Palm Sunday
8:30 Breakfast
9:45 Exercise
10:00 TV Church
11:00 Java Music
12:00 Lunch
2:00 Let's Bake
5:00 Dinner

25 Holi
8:30 Breakfast
9:30 Exercises
10:30 In the spirit
12:00 Lunch
1:30 Craft with Marie
1:45 Food Committee (KD)
2:00 Hand Therapy
3:00 Horticulture
5:00 Dinner

26
8:30 Breakfast
10:00 Total Body Fitness
11:00 Church
12:00 Lunch
1:30 Nail Care
2:30 Bible Study
3:15 Let's Make Dinner
5:00 Dinner
6:00 Short Stories

27
8:30 Breakfast
9:45 Zumba
11:00 Hymn Sing
12:00 Lunch
1:30 Horse Racing
2:30 Resident Meeting
3:15 Book Club
5:00 Dinner

28
8:30 Breakfast
9:45 Exercise
10:15 Resident Council
12:00 Lunch
1:30 Music Therapy
2:15 Chime Choir
3:30 Tai Chi
5:00 Dinner

29 Good Friday
8:30 Breakfast
9:45 Exercise
10:30 Easter Service (KD)
12:00 Lunch
1:30 Word Games
3:00 Indoor Walks
5:00 Dinner

30
8:30 Breakfast
9:45 Exercise
10:30 Bingo
11:00 Rosary
12:00 Lunch
1:30 Football Toss
3:15 Indoor Walks
5:00 Dinner

31 Happy Easter
8:30 Breakfast
9:45 Exercise
10:00 TV Church
10:45 Baking Cupcakes
2:00 Easter Social
3:30 You & Me
5:00 Dinner