## Rymal Neighbourhood

## March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Happy Birthday Charles! 8:15am Breakfast 8:30am Men's Breakfast - CC 9:30am Greeting the Day 10:30am Music Therapy with Jen 11:00am Stay Strong - FC 12:00pm Lunch 1:30pm Express Yourself 5:00pm Dinner	8:15am Breakfast 9:30am Greeting the Day 10:00am Garden Club with Crystal in the Greenhouse 12:00pm Lunch 2:00pm Pub with Jeff Giles - MS 5:00pm Dinner
8:15am Breakfast 9:30am Greeting the Day 10:30am Circle of Friends 12:00pm Lunch 2:30pm Church Service with Ankit - CH 3:15pm Fellowship - CC 5:00pm Dinner	8:15am Breakfast 9:30am Greeting the Day 10:30am Intergenerational Jamboree Music Therapy - MS 12:00pm Lunch 2:00pm Bingo - CC 3:30pm Stepping Out 5:00pm Dinner	8:15am Breakfast 9:30am Greeting the Day 10:30am Musical Moments 11:00am Stay Strong - FC 12:00pm Lunch 2:30pm For the Soul with Janet 5:00pm Dinner	8:15am Breakfast 9:30am Greeting the Day 10:30am Brains and Banter 12:00pm Lunch 2:00pm Learn About Ramadan with Safaa - CC 2:00pm Tai Chi with Dan - FC 3:30pm Circle of Friends 5:00pm Dinner	National Cereal Day 8:15am Breakfast 9:30am Greeting the Day 9:45am Java Music Club with Janet - Lib 10:30am All About Cereal - CC 11:00am Fit to Function with Dan - FC 12:00pm Lunch 1:30pm Circle of Friends 2:00pm Knit & Chat - CC 3:15pm Residents' Council 5:00pm Dinner 6:00pm Brains and Banter - CC	International Women's Day 8:15am Breakfast 9:30am Greeting the Day 10:30am Women's Spa Morning - CC 11:00am Stay Strong - FC 12:00pm Lunch 1:00pm Outing to Flamboro Downs Casino 3:00pm Travelling Cart: Flower Delivery 5:00pm Dinner	
8:15am Breakfast 9:30am Greeting the Day 10:00am Church Service with Ankit - CH 10:30am Circle of Friends 12:00pm Lunch 2:30pm Church Service with Janet - CH 3:15pm Fellowship - CC 5:00pm Dinner	8:15am Breakfast 9:30am Greeting the Day 10:30am Intergenerational Jamboree Music Therapy - MS 12:00pm Lunch 2:00pm Bingo - CC 3:30pm Stepping Out 5:00pm Dinner	8:15am Breakfast 9:30am Greeting the Day 10:00am Country Drive 11:00am Stay Strong - FC 12:00pm Lunch 2:00pm Soothing Sensations 2:30pm For the Soul with Janet 3:30pm Express Yourself 5:00pm Dinner	8:15am Breakfast 9:30am Greeting the Day 10:30am Brains and Banter 12:00pm Lunch 2:00pm Tai Chi with Dan - FC 2:30pm Learn About Honeybees - TH 5:00pm Dinner	8:15am Breakfast 9:45am Java Music Club with Janet - Lib 11:00am Fit to Function with Dan - FC 12:00pm Lunch 1:30pm Neighbourhood Time 2:00pm Knit & Chat - CC 3:00pm Express Yourself 5:00pm Dinner 6:00pm Bingo - CC	8:15am Breakfast 9:30am Greeting the Day 10:30am Express Yourself 10:30am Music Therapy with Jen 11:00am Stay Strong - FC 12:00pm Lunch 3:00pm Happy Hour with Emily Kemp 5:00pm Dinner	Happy Birthday Patricia! 8:15am Breakfast 9:30am Greeting the Day 10:00am Garden Club with Crystal in the Greenhouse 10:30am Soothing Sensations 12:00pm Lunch 2:30pm St. Patrick's Day Party with Kevin Beeby Duo - TS 5:00pm Dinner
St. Patrick's Day 8:15am Breakfast 9:30am Greeting the Day 10:00am Church Service with Ankit - CH 10:30am Music and Memory 10:30am Circle of Friends 12:00pm Lunch 2:30pm Church Service with Janet - CH 3:15pm Fellowship - CC 5:00pm Dinner	8:15am Breakfast 9:30am Greeting the Day 10:30am Intergenerational Jamboree Music Therapy - MS 12:00pm Lunch 2:00pm Bingo - CC 3:30pm Stepping Out 5:00pm Dinner	First Day of Spring 8:15am Breakfast 11:00am Stay Strong - FC 12:00pm Lunch 1:30pm Neighbourhood Time 2:30pm For the Soul with Janet 3:00pm Soothing Sensations 5:00pm Dinner	International Day of Happiness 8:15am Breakfast 9:30am Greeting the Day 10:30am Brains and Banter 10:30am Roman Catholic Mass - CH 12:00pm Lunch 2:00pm Movie Afternoon with Janet: Ice Castles -TH 2:00pm Tai Chi with Dan - FC 2:00pm Travelling Cart: Ice Cream Sundaes 5:00pm Dinner	8:15am Breakfast 9:45am Java Music Club with Janet - Lib 11:00am Fit to Function with Dan - FC 12:00pm Lunch 1:30pm Neighbourhood Time	World Water Day	8:15am Breakfast 9:30am Greeting the Day 10:00am Garden Club with Crystal in the Greenhouse 10:30am Soothing Sensations 12:00pm Lunch 2:00pm Super Bingo! - CC 3:30pm Musical Moments- Rymal 5:00pm Dinner
8:15am Breakfast 9:30am Greeting the Day 10:00am Church Service with Ankit - CH 10:30am Circle of Friends 12:00pm Lunch 2:30pm Church Service with Janet - CH 3:15pm Fellowship - CC 5:00pm Dinner 8:25pm You and I	8:15am Breakfast 9:30am Greeting the Day 10:30am Musical Moments 12:00pm Lunch 2:00pm Movie Afternoon with Janet: Places of the Heart - TH 2:00pm Bingo - CC 3:30pm Stepping Out 5:00pm Dinner	8:15am Breakfast 11:00am Stay Strong - FC 12:00pm Lunch 1:00pm Walmart Outing 2:30pm For the Soul with Janet 5:00pm Dinner	8:15am Breakfast 9:30am Greeting the Day 10:30am Brains and Banter 12:00pm Lunch 2:00pm Tai Chi with Dan - FC 2:30pm Easter Parade - TS 5:00pm Dinner	8:15am Breakfast 9:45am Java Music Club with Janet - Lib 10:30am Neighbourhood Time 11:00am Fit to Function with Dan - FC 12:00pm Lunch 1:30pm Neighbourhood Time 2:00pm Knit & Chat - CC 3:00pm Express Yourself 5:00pm Dinner 5:00pm Seder Supper with Janet - CC	Good Friday	8:15am Breakfast 9:30am Greeting the Day 10:00am Garden Club with Crystal in the Greenhouse 10:00am Easter Egg Hunt & Activities 12:00pm Lunch 2:00pm Easter Vigil - CH 2:00pm Entertainment with Florin Conta on Carrington 5:00pm Dinner
Easter Sunday 8:15am Breakfast 9:30am Greeting the Day 10:00am Easter Church Service with Ankit - CH 10:30am Music and Memory 10:30am Circle of Friends 12:00pm Lunch 2:30pm Easter Church Service with Communion - CH						