



March 2024

Sheridan



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Main Street—MS Activity Room—AR Country Kitchen—CK Community Centre—CC Fitness Centre—FC Open Area—OA Touring—TO Town Hall - TH Virtual - V Library - Lib					1 Neighbourhood Time 6:30 Movie Night-CC	2 10:30 For The Fun of Fit— OA 11:15 Stepping Out— TO 2:00 Bingo-MS 3:30 Musical Moments— OA 6:30 A Little Bit of This and That— CC
3 10:00 For The Soul — OA 11:00 Stepping Out— TO 2:00 Musical Moments— OA 3:30 Church Service—L 3:30 Old TV Show— OA 6:30 Famous Places-CC	4 10:30 Music Therapy— OA 11:15 You & I — TO 2:00 Sing a Long— OA 3:00 Soothing Sensation— PA 4:00 Neighbourhood Time— TO 6:30 Active Game — MS	5 10:00 Feel & Fold-CK 11:15 Music & Memory— TO 2:00 Entertainment-MS 3:30 Express Yourself — OA 6:30 Bingo-MS	6 Neighbourhood Time	7 1:00 Private Communion - TO 2:00 R.C. Communion/Rosary - TH 4:00 Hymn Sing/Pastoral Visit - OA 6:30 Music Appreciation-CC	8 10:00 Manicure — PA 11:15 Soothing Sensation—PA 2:00 Musical Moments— OA 3:00 Brains & Banter— OA 4:00 All About You — TO 6:30 Movie Night-CC	9 Neighbourhood Time 2:00 Golden Oldies-MS 6:30 Bingo-MS
10 Neighbourhood Time 3:30 Church Service—L 6:30 Famous Faces-CC	11 10:30 For The Fun of Fit— OA 11:15 You & I— TO 2:00 Sing a Long— OA 3:00 Soothing Sensation— PA 4:00 Neighbourhood Time— TO 6:30 Active Game— MS	12 10:00 Feel & Fold-CK 11:15 Music & Memory — TO 2:00 Dance the Day Away-MS 3:30 All About You — OA 6:30 Bingo-MS	13 10:30 For The Fun of Fit— OA 11:15 Soothing Sensation — PA 2:00 Musical Moments — OA 3:00 Brains & Banter— OA 4:00 All About You— TO 6:30 Java Music Club-CC	14 1:00 Private Communion - TO 2:00 R.C. Communion/Rosary —TH 4:00 Hymn Sing/Bible Mind - OA 6:30 Music Appreciation-CC	15 Neighbourhood Time 6:30 Movie Night-CC	16 10:30 For The Fun of Fit — OA 11:15 Stepping Out — TO 2:00 Bingo-MS 3:30 Musical Moments — OA 6:30 A Little Bit of This and That— CC
17 St. Patrick's Day 10:00 For The Soul — TO 11:00 Stepping Out — TO 2:00 St. Patrick's Day Celebration-MS 4:00 Church Service—L 6:30 Armchair Travel "Ireland"-CC	18 10:30 Music Therapy— OA 11:15 You & I— TO 2:00 Sing a Long— OA 3:00 Soothing Sensation— PA 4:00 Neighbourhood Time — TO 6:30 Active Game — MS	19 10:00 Feel & Fold-CK 11:15 Music & Memory— TO 2:00 Welcome Spring— MS 3:30 Express Yourself— OA 6:30 Bingo-MS	20 Neighbourhood Time 2:00 Anglican Communion 6:30 Java Music Club-CC	21 1:00 Private Communion - TO 2:00 R.C. Mass - TH 3:00 Music With David—OA 4:00 Hymn Sing/Pastoral Visit - OA 6:30 Music Appreciation-CC	22 10:00 Manicure— PA 11:15 Soothing Sensation— PA 2:00 Musical Moments— OA 3:00 Brains & Banter— OA 4:00 All About You— TO 6:30 Pub Night-MS	23 Neighbourhood Time 9:30 Green Thumb—CC 2:00 Bingo-MS 6:30 A Little Bit of This and That— CC
24 Neighbourhood Time 2:30 Classic Guitar Concert— TH 6:30 Famous Places-CC	25 10:30 Music Therapy— OA 11:15 You & I — TO 2:00 Sing a Long — OA 3:00 Soothing Sensation — PA 4:00 Neighbourhood Time— TO 6:30 Active Game— MS	26 10:00 Feel & Fold-CK 11:15 Music & Memory— TO 2:00 Birthday Bash-M 3:30 All About You — TO 6:30 Bingo-MS	27 10:30 For The Fun of Fit— OA 11:15 Soothing Sensation — PA 1:30 Green Thumb—CK 2:00 Musical Moments— OA 3:00 Brains & Banter— OA 6:30 Java Music Club-CC	28 10:30 Arts & Crafts—CK 1-4:30 Dream of Spring(Trip to Centennial Greenhouse) you must sign up 1:00 Private Communion - TO 2:00 R.C. Communion/Rosary —TH 6:30 Music Appreciation-CC	29 Neighbourhood Time Good Friday 2:00 Good Friday Service—L 6:30 Movie Night-CC	30 10:30 For The Fun of Fit — OA 11:15 Stepping Out — TO 2:00 Bingo-MS 3:30 Old TV Show — OA 6:30 A Little Bit of This and That— CC
31 Easter 10:00 For The Soul — TO 11:00 Stepping Out — TO 2:00 Celebrating Eastre— MS 4:00 Church Service—L 6:30 Famous Faces-CC						

Programs may be subject to change if required