



March 2024

Dundas



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Main Street—MS Activity Room—AR Country Kitchen— CK Community Centre—CC Fitness Centre— FC Open Area— OA Touring— TO Town Hall - TH Virtual - V Library - Lib						
<p>Programs may be subject to change if required</p>						
3 10:00 For the Soul-OA 11:00 You and I-TO 2:00 For the Fun of Fit-OA 3:30 Church Service- L 4:00 Express yourself-CK 6:30 Famous Places-CC	4 10:00 For the Fun of Fit-OA 10:30 Art—CK 11:15 Music Therapy— OA 1:30 Chime Choir-L 2:30 Chocolate Bingo-CK 6:30 Active Games-CC	5 10:00 Hymn Sing-OA 10:30 Pastoral Visits 2:00 Entertainment-MS 3:30 You and I-TO 6:30 Bingo-MS	6 10:00 Brains and Banter-OA 11:00 Express Yourself-CK 2:00 Soothing Sensation-PA 3:15 Stepping Out-TO 6:30 Travelogue—MS	7 10:00 Feel & Fold— CK 11:00 You and I-TO 1:00 Private Communion - TO 2:00 R.C. Communion/Rosary- TH 2:00 express Yourself-CK 3:30 Musica Moments-OA 6:30 Music Appreciation-CC	8 Neighborhood Time- 1:00 For the Fun of Fit-AO 2:00 In the Kitchen-CK 3:15 You and I-TO 6:30 Movie Night-CC	9 1:00 Express Yourself-CK 2:00 Golden Oldies-MS 3:30 Soothing Sensation-PA 6:30 Bingo-MS
10 1:00 For the Fun of Fit-OA 2:00 Express Yourself-CK 3:30 Church Service- L 6:30 Famous Faces-CC	11 10:00 For the Fun Fit-OA 10:30 Art—CK 11:00 Express Yourself 2:00 Chocolate Bingo 3:00 Music with David - OA 6:30 Active Games-CC	12 Breakfast Club 8:00 Breakfast Club-CK 2:00 Dance the Day Away-MS 3:30 Soothing Sensation-PA 6:30 Bingo-MS	13 10:00 Brains and Banter-OA 11:00 you and I-TO 2:00 For the Fun of Fit-OA 3:15 Musical Moments-OA 6:30 Java Music Club-CC	14 10:00 Feel & Fold— CK 11:00 You and I-TO 1:00 Private Communion - TO 2:00 R.C. Communion/Rosary- TH 3:30 Express Yourself-CK 6:30 Music Appreciation-CC	15 10:00 In the Kitchen-CK 11:00 Stepping Out-TO 2:00 Brains and Banter-OA 3:30 soothing Sensation-PA 6:30 Movie Night-CC	16 10:00 For the Fun of Fit-OA 11:00 Express yourself-CK 2:00 Bingo-MS 3:30 Short Story-TO 6:30 A Little Bit of This and That-CC
17 St. Patrick's Day 10:00 For the Soul-OA 11:00 Hand Massage-TO 2:00 St. Patrick's Day Celebration-MS 4:00 Church Service- L 6:30 Armchair Travel "Ireland"-CC	18 9:30 In the Kitchen-CK 10:30 Art—CK 11:15 Music Therapy— OA 1:30 Chime Choir-L 2:30 Circle of Friends-CK 6:30 Active Games— FC	19 10:00 Chaplain's Chat - OA 2:00 Welcome Spring— MS 3:30 Hand Massage-TO 6:30 Bingo-MS	20 10:00 For the Soul-CK 11:00 You and I-TO 2:00 For the Fun of Fit-OA 2:00 Anglican Communion-TH 3:15 Express Yourself-CK 6:30 Java Music Club-CC	21 10:00 Feel & Fold— CK 11:00 You and I-TO 1:00 Private Communion - TO 2:00 R.C. Mass- TH 3:30 Brain and Banter-OA 6:30 Music Appreciation-CC	22 1:00 Stepping Out-OA 2:00 For the Soul-CK 3:00 You and I-TO 6:30 Pub Night-MS	23 9:30 Green Thumb—CC 2:00 Bingo-MS 3:30 Express Yourself-CK 6:30 A Little Bit of This and That-CC
24 10:00 Circle of friends— OA 2:30 Classic Guitar Concert— TH 3:30 Short story 6:30 Famous Places-CC	25 10:30 Art—CK 11:15 Music Therapy— OA 1:30 Chime Choir-L 6:30 Active Games— FC	26 10:00 You and I 2:00 Birthday Bash-MS 3:00 Word Games 4:00 1:1 activities 6:30 Bingo-MS	27 10:00 For the fun of it— OA 11:00 In the kitchen— CK 1:30 Brains and Banters 6:30 Java Music Club-CC	28 10:00 Feel & Fold— CK 1-4:30 Dream of Spring(Trip to Centennial Greenhouse) you must sign up 1:00 Private Communion - TO 2:00 R.C. Communion/Rosary- TH 6:30 Music Appreciation-CC	29 Good Friday 10:00 Active Games— OA 11:00 In the kitchen— CK 2:00 Good Friday Service - L 6:30 Movie Night-CC	30 10:00 For the fun of it 11:00 1:1 Activities 2:00 Bingo-MS 6:30 A Little Bit of This and That-CC
31 Easter 2:00 Celebrating Easter— MS 3:30 Short Easter stories 4:00 Church Service- L 6:30 Famous Faces-CC						