March 2024

Emma's Neighbourhood

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	MS- Main Street CC- Community Centre CH- Chapel EG- Egerton SC- Social Club SH- School House TH- Town Hall TS- Town Square		March is National Nutrition Month 		**1** **Barbara's Birthday** 10-3 Sign Up Day - H 8:00am **Breakfast** 10:00am Neighbourhood Time 10:30am Soothing Sensations - Vari 12:00pm **Lunch** **1:30pm Outing: Coffee Drive- Sign Up** 2:00pm Life Mark General Exercise 3:30pm You and I - Vari 5:00pm **Dinner**	**2** 8:00am **Breakfast** 10:00am Neighbourhood Time 10:30am For the fun of fit - C 12:00pm **Lunch** **2:00pm Dave Thierry Piano Performance - EG** 3:30pm Circle of Friends 5:00pm **Dinner**
3 8:00am **Breakfast** 10:00am Neighbourhood Time 10:30am Brains and Banter 12:00pm **Lunch** 2:00pm In the Kitchen 2:30pm Church Service w/ Ankit - TH 3:15pm Fellowship - CC 5:00pm **Dinner**	**4** 8:00am **Breakfast** 12:00pm **Lunch** 2:00pm Musical Moments 3:30pm Express Yourself 5:00pm **Dinner** 6:15pm Neighbourhood Time	**5** 8:00am **Breakfast** 10:00am Neighbourhood Time 10:30am For the Soul - Den 12:00pm **Lunch** 2:00pm Circle of Friends 3:30pm Life Mark General Exercise 5:00pm **Dinner**	**6** 8:00am **Breakfast** 10:00am Neighbourhood Time 10:30am Express Yourself - Vari 12:00pm **Lunch** 1:15pm Music Therapy with Jenn 2:00pm Soothing Sensations 3:30pm You and I 5:00pm **Dinner**	**7** **Doreen's Birthday!** 8:00am **Breakfast** **10:30am Breakfast Club: French Toast (FREE)- Sign Up - H** 12:00pm **Lunch** 2:00pm Movie Matinee 3:30pm Java Time 5:00pm **Dinner**	**8** International Women's Day (Wear Purple!) 10-3 Nellie's Comfort Shoes - MS 8:00am **Breakfast** 10:00am Neighbourhood Time 10:30am Soothing Sensations - Vari 12:00pm **Lunch** 2:00pm Life Mark General Exercise **3:00pm Happy Hour w/ Chris Scott Duo** 3:30pm You and I - Vari 5:00pm **Dinner**	**9** 8:00am **Breakfast** 10:00am Neighbourhood Time 10:30am For the fun of fit - C 12:00pm **Lunch** 2:00pm Bingo 3:30pm Circle of Friends 5:00pm **Dinner**
10 Daylight Saving Time Begins 8:00am **Breakfast** 10:00am Church Service w/ Ankit - TH 10:00am Neighbourhood Time 10:30am Brains and Banter 12:00pm **Lunch** 2:00pm In the Kitchen 2:30pm Church Service w/ Janet - TH 3:15pm Fellowship - CC 5:00pm **Dinner**	**11** Ramadan Begins 10-3 Bella Boutique - MS 8:00am **Breakfast** 12:00pm **Lunch** 2:00pm Musical Moments 3:30pm Express Yourself 5:00pm **Dinner** 6:15pm Neighbourhood Time	**12** 8:00am **Breakfast** 10:00am Neighbourhood Time 10:30am For the Soul - Den 12:00pm **Lunch** 2:00pm Circle of Friends 3:30pm Life Mark General Exercise 5:00pm **Dinner**	**13** 8:00am **Breakfast** 10:00am Neighbourhood Time 10:30am Express Yourself - Vari 12:00pm **Lunch** 1:15pm Music Therapy with Jenn **1:30pm Outing: Bulb Show @ Gage Park- Sign Up** **2:30pm Honeybee Presentation - TH** 3:30pm You and I 5:00pm **Dinner**	**14** 8:00am **Breakfast** 10:00am Neighbourhood Time 10:30am Brains and Banter 12:00pm **Lunch** 2:00pm Stepping Out 3:30pm Java Time 5:00pm **Dinner**	**15** 8:00am **Breakfast** 10:00am Neighbourhood Time 10:30am Soothing Sensations - Vari 12:00pm **Lunch** 2:00pm Life Mark General Exercise 2:00pm Arm Chair Travel: Hawaii 3:30pm You and I - Vari 5:00pm **Dinner**	**16** 8:00am **Breakfast** 10:00am Neighbourhood Time 10:30am For the fun of fit - C 12:00pm **Lunch** 2:00pm Bingo **2:30pm St. Patrick's Day Party w/ Kevin B Duo - TS** 3:30pm Circle of Friends 5:00pm **Dinner**
17 St. Patrick's Day (Wear Green!) 8:00am **Breakfast** 10:00am Church Service w/ Ankit - TH 10:00am Neighbourhood Time 10:30am Brains and Banter 12:00pm **Lunch** 2:00pm In the Kitchen 2:30pm Church Service w/ Janet - TH 3:15pm Fellowship - CC 5:00pm **Dinner**	**18** Orthodox Lent Begins 8:00am **Breakfast** 12:00pm **Lunch** 2:00pm Musical Moments 3:30pm Express Yourself 5:00pm **Dinner** 6:15pm Neighbourhood Time	**19** 8:00am **Breakfast** 10:00am Neighbourhood Time 10:30am For the Soul - Den 12:00pm **Lunch** 2:00pm Circle of Friends 3:30pm Life Mark General Exercise 5:00pm **Dinner**	**20** First Day of Spring (Wear Floral) 8:00am **Breakfast** 10:00am Neighbourhood Time 10:30am Express Yourself - Vari 12:00pm **Lunch** 1:15pm Music Therapy with Jenn 2:00pm Soothing Sensations 3:30pm You and I 5:00pm **Dinner**	**21** 8:00am **Breakfast** 10:00am Neighbourhood Time 10:30am Brains and Banter 12:00pm **Lunch** 2:00pm Movie Matinee 3:30pm Java Time 5:00pm **Dinner**	**22** 10-3 The Boutique Vendor - MS 8:00am **Breakfast** 10:00am Neighbourhood Time 10:30am Soothing Sensations - Vari 12:00pm **Lunch** **1:30pm Bowling @ Splitsville- Sign Up** 2:00pm Life Mark General Exercise 3:30pm You and I - Vari 5:00pm **Dinner**	**23** 8:00am **Breakfast** 10:00am Neighbourhood Time 10:30am For the fun of fit - C 12:00pm **Lunch** 2:00pm Bingo 3:30pm Circle of Friends 5:00pm **Dinner**
24 Palm Sunday 8:00am **Breakfast** 10:00am Church Service w/ Ankit - TH 10:00am Neighbourhood Time 10:30am Brains and Banter 12:00pm **Lunch** 2:00pm In the Kitchen 2:30pm Church Service w/ Janet - TH 3:15pm Fellowship - CC 5:00pm **Dinner**	**25** 8:00am **Breakfast** 12:00pm **Lunch** 2:00pm Musical Moments 3:30pm Express Yourself 5:00pm **Dinner** 6:15pm Neighbourhood Time	**26** 8:00am **Breakfast** 10:00am Neighbourhood Time 10:30am For the Soul - Den 12:00pm **Lunch** 2:00pm Circle of Friends 3:30pm Life Mark General Exercise 5:00pm **Dinner**	**27** 10- 3 Bella Boutique & Forever Wooden Roses - MS 8:00am **Breakfast** 10:00am Neighbourhood Time 10:30am Express Yourself - Vari 12:00pm **Lunch** 1:15pm Music Therapy with Jenn **2:30pm Easter Parade - TS** 5:00pm **Dinner**	**28** 8:00am **Breakfast** 10:00am Neighbourhood Time 10:30am Brains and Banter 12:00pm **Lunch** 1:30pm Stepping Out 3:30pm Java Time 5:00pm **Dinner** **5:00pm Seder Supper w/ Janet- Sign Up - CC**	**29** Good Friday **Kathy's Birthday!** 8:00am **Breakfast** 10:00am Neighbourhood Time 10:30am Soothing Sensations - Vari 12:00pm **Lunch** 2:00pm Life Mark General Exercise **2:30pm Good Friday Service w/ Ankit- TH** 3:30pm You and I - Vari 5:00pm **Dinner**	**30** **George's Birthday!** 8:00am **Breakfast** 10:00am Neighbourhood Time **10:00am Easter Egg Hunt - TS** 10:30am For the fun of fit - C 12:00pm **Lunch** 2:00pm Bingo **2:00pm Easter Vigil w/ Janet - CH** 3:30pm Circle of Friends 5:00pm **Dinner**
31 Easter 8:00am **Breakfast** **10:00am Easter Service w/ Ankit- TH** 10:00am Neighbourhood Time 10:30am Brains and Banter 12:00pm **Lunch** 2:00pm In the Kitchen **2:30pm Easter Service & Communion w/ Janet- TH** 3:15pm Fellowship - CC 5:00pm **Dinner**						