

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					8:15am Breakfast 8:30am Men's Breakfast - CC 9:30am Greeting the Day 10:30am In the Kitchen 11:00am Stay Strong - FC 12:00pm Lunch 2:00pm Pet Visits 2:15pm Music Therapy with Jen 3:30pm For the Fun of Fit 5:00pm Dinner 6:00pm Neighbourhood Time	8:15am Breakfast 9:30am Greeting the Day 12:00pm Lunch 2:00pm Pub with Jeff Giles - MS 2:15pm Hort Happens with Crystal 3:00pm Musical Moments 5:00pm Dinner
8:15am Breakfast 9:30am Greeting the Day 12:00pm Lunch 2:30pm Church Service with Ankit - CH 3:15pm Fellowship - CC 5:00pm Dinner 6:00pm Neighbourhood Time	8:15am Breakfast 9:30am Greeting the Day 10:30am Intergenerational Jamboree Music Therapy - MS 10:30am Soothing Sensations 12:00pm Lunch 2:00pm Bingo - CC 3:30pm You and I 5:00pm Dinner 6:00pm Neighbourhood Time	8:15am Breakfast 9:30am For the Soul with Janet 9:30am Greeting the Day 11:00am Stay Strong - FC 12:00pm Lunch 5:00pm Dinner 6:00pm Neighbourhood Time	Happy Birthday Patty! 8:15am Breakfast 9:30am Greeting the Day 10:30am Express Yourself 12:00pm Lunch 1:30pm In the Kitchen 2:00pm Learn About Ramadan - CC 2:00pm Tai Chi with Dan - FC 5:00pm Dinner	National Cereal Day Happy Birthday Giovanna! 8:15am Breakfast 9:30am Greeting the Day 10:30am All About Cereal - CC 11:00am Fit to Function with Dan - FC 12:00pm Lunch 1:30pm Neighbourhood Time 2:30pm Java Music Club with Janet 3:00pm For the Fun of Fit 3:15pm Residents' Council 3:30pm Stepping Out 5:00pm Dinner	International Women's Day 8:15am Breakfast 9:30am Greeting the Day 10:30am Women's Spa Morning - CC 11:00am Stay Strong - FC 12:00pm Lunch 1:00pm Flamboro Downs Casino 2:00pm Potting Passions with Adriana 3:00pm Travelling Cart: Flower Delivery 5:00pm Dinner 6:00pm Neighbourhood Time	8:15am Breakfast 9:30am Greeting the Day 10:30am Music and Memory 12:00pm Lunch 2:00pm Luau Party with John Pebble on Stonechurch 2:15pm Hort Happens with Crystal 3:00pm Musical Moments 5:00pm Dinner 6:00pm Neighbourhood Time
8:15am Breakfast 9:30am Greeting the Day 10:00am Church Service with Ankit - CH 12:00pm Lunch 2:30pm Church Service with Janet - CH 3:15pm Fellowship - CC 5:00pm Dinner 6:00pm Neighbourhood Time	8:15am Breakfast 9:30am Greeting the Day 10:30am Intergenerational Jamboree Music Therapy - MS 10:30am Soothing Sensations 12:00pm Lunch 2:00pm Bingo - CC 3:30pm You and I 5:00pm Dinner	8:15am Breakfast 9:30am For the Soul with Janet 9:30am Greeting the Day 10:00am Country Drive 11:00am Stay Strong - FC 12:00pm Lunch 1:30pm Soothing Sensations 3:00pm For the Fun of Fit 5:00pm Dinner 6:00pm Neighbourhood Time	8:15am Breakfast 9:30am Greeting the Day 10:30am Express Yourself 12:00pm Lunch 1:30pm In the Kitchen 2:00pm Tai Chi with Dan - FC 2:30pm Learn About Honeybees - TH 5:00pm Dinner	8:15am Breakfast 11:00am Fit to Function with Dan - FC 12:00pm Lunch 1:30pm Neighbourhood Time 2:30pm Java Music Club with Janet 3:00pm For the Fun of Fit 5:00pm Dinner 6:00pm Soothing Sensations	8:15am Breakfast 9:30am Greeting the Day 11:00am Stay Strong - FC 12:00pm Lunch 2:15pm Music Therapy with Jen 3:00pm Happy Hour with Emily Kemp 3:30pm For the Fun of Fit 5:00pm Dinner	Happy Birthday Patricia! 8:15am Breakfast 9:30am Greeting the Day 12:00pm Lunch 2:15pm Hort Happens with Crystal 2:30pm St. Patrick's Day Party with Kevin Beeby Duo - TS 3:00pm Musical Moments 5:00pm Dinner
St. Patrick's Day 8:15am Breakfast 9:30am Greeting the Day 10:00am Church Service with Ankit - CH 10:30am Music and Memory 12:00pm Lunch 2:30pm Church Service with Janet - CH 3:15pm Fellowship - CC 5:00pm Dinner 6:00pm Neighbourhood Time	8:15am Breakfast 9:30am Greeting the Day 10:30am Intergenerational Jamboree Music Therapy - MS 10:30am Soothing Sensations 12:00pm Lunch 2:00pm Bingo - CC 3:30pm You and I 5:00pm Dinner 6:00pm Neighbourhood Time	First Day of Spring 8:15am Breakfast 9:30am For the Soul with Janet 11:00am Stay Strong - FC 12:00pm Lunch 1:30pm Neighbourhood Time 3:00pm For the Fun of Fit 5:00pm Dinner 6:00pm Brains and Banter	International Day of Happiness 8:15am Breakfast 9:30am Greeting the Day 10:30am Express Yourself 10:30am Roman Catholic Mass - CH 12:00pm Lunch 1:30pm In the Kitchen 2:00pm Afternoon Movie: Ice Castles - TH 2:00pm Tai Chi with Dan - FC 2:00pm Travelling Cart: Ice Cream 5:00pm Dinner	8:15am Breakfast 11:00am Fit to Function with Dan - FC 12:00pm Lunch 1:30pm Neighbourhood Time 2:30pm Java Music Club with Janet 3:00pm For the Fun of Fit 5:00pm Dinner 6:00pm Circle of Friends - CC 6:00pm Soothing Sensations	World Water Day 8:15am Breakfast 9:30am Greeting the Day 11:00am Stay Strong - FC 12:00pm Lunch 2:00pm Under the Sea Crafts - CC 3:30pm For the Fun of Fit 5:00pm Dinner 6:00pm Neighbourhood Time	8:15am Breakfast 9:30am Greeting the Day 12:00pm Lunch 1:30pm Circle of Friends 2:00pm Super Bingo! - CC 2:15pm Hort Happens with Crystal 3:00pm Musical Moments 5:00pm Dinner 6:00pm Neighbourhood Time
8:15am Breakfast 9:30am Greeting the Day 10:00am Church Service with Ankit - CH 12:00pm Lunch 2:30pm Church Service with Janet - CH 3:15pm Fellowship - CC 5:00pm Dinner 6:00pm Neighbourhood Time	8:15am Breakfast 9:30am Greeting the Day 10:30am Soothing Sensations 12:00pm Lunch 2:00pm Movie Afternoon with Janet: Places of the Heart - TH 2:00pm Bingo - CC 3:30pm You and I 5:00pm Dinner	8:15am Breakfast 9:30am For the Soul with Janet 11:00am Stay Strong - FC 12:00pm Lunch 1:00pm Walmart Outing 1:30pm Neighbourhood Time 3:00pm For the Fun of Fit 5:00pm Dinner 6:00pm Brains and Banter	8:15am Breakfast 9:30am Greeting the Day 10:30am Express Yourself 12:00pm Lunch 2:00pm Tai Chi with Dan - FC 2:30pm Easter Parade - TS 5:00pm Dinner	8:15am Breakfast 11:00am Fit to Function with Dan - FC 12:00pm Lunch 1:30pm Neighbourhood Time 2:30pm Java Music Club with Janet 3:00pm For the Fun of Fit 5:00pm Dinner 5:00pm Seder Supper with Janet - CC 6:00pm Soothing Sensations	Good Friday 8:15am Breakfast 9:30am Greeting the Day 10:30am Travelling Cart: Hot Cross Buns 12:00pm Lunch 2:00pm Pet Visits 2:30pm Good Friday Church Service with Ankit - CH 3:30pm For the Fun of Fit 5:00pm Dinner 6:00pm Neighbourhood Time	8:15am Breakfast 9:30am Greeting the Day 10:00am Easter Egg Hunt & Activities 12:00pm Lunch 2:00pm Easter Vigil - CH 2:00pm Entertainment with Florin Conton Carrington 2:15pm Hort Happens with Crystal 3:00pm Musical Moments 5:00pm Dinner
Easter Sunday 8:15am Breakfast 9:30am Greeting the Day 10:00am Church Service with Ankit - CH 10:30am Music and Memory 12:00pm Lunch 2:30pm Easter Church Service - CH 3:15pm Fellowship - CC 5:00pm Dinner						