## **March 2024**

## Lambton Neighborhood

| Sunday  | Monday   | Tuesday   | Wednesday  | Thursday  | Friday   | Saturday   |
|---|--|---|--|---|--|--|
| HAPP9<br>Caster   |  |   |  |   | 1<br>10:00 For the fun of fit<br>11:00 Feel & Fold<br>11:15 Express Yourself: Flowers<br>12:00 Lunch<br>02:30 Knitting<br>03:30 Dancing with Robin   | 2<br>10:00 Brains and Banter<br>10:45 Soothing Sensation<br>12:00 Lunch<br>02:30 Express Yourself<br>04:00 Steeping Out  |
| 3<br>09:30 For the Soul<br>10:30 Manicure<br>12:00 Lunch<br>02:30 For the Fun of Fit<br>04:00 Word Search   | 4<br>10:00 Soothing Sensation<br>11:00 Ring Toss<br>12:00 Lunch<br>02:15 Target Toss<br>03:00 Ice Cream Social<br>04:00 Stepping Out   | 5<br>10:00 Express Yourself<br>10:45 For the Fun of Fit<br>11:00 Horticulture Hour<br>12:00 Lunch<br>02:15 For the Fun of Fit<br>04:00 Dominos  | 6<br>12:00 Lunch<br>10:45 Ladder Toss<br>11:00 Horticulture Hour<br>12:00 Lunch<br>02:00 Music Therapy<br>03:00 Bingo<br>04:00 Dominos                                   | 7<br>10:00 Musical Moments: Female<br>Singers<br>11:00 Dominos<br>12:00 Lunch<br>02:30 Bingo<br>03:45 Express Yourself<br>04:15 You & Me  | 8 International Women's Day<br>10:00 In the Kitchen: Pink Cup-<br>cakes<br>11:00 Manicures<br>12:00 Lunch<br>2:30 International Women's Day<br>: Sip & Paint<br>04:00 Stepping Out   | 9<br>10:00 Hymn Sing<br>11:00 Circle of Friends<br>12:00 Lunch<br>02:30 Word Search<br>04:00 It's Never Too Late   |
| 10 Daylight Saving Time Begins<br>09:30 For the Soul<br>10:30 Ring Toss<br>12:00 Lunch<br>02:30 Stepping Out<br>03:45 Express Yourself  | <ul> <li>11 First Day of Ramadan</li> <li>10:00 Ramadan Craft</li> <li>11:00 Ramadan Social</li> <li>12:00 Lunch</li> <li>02:45 Bean Bag Toss</li> <li>04:00 Puzzles</li> </ul>                | 12<br>09:45 Manicure<br>10:45 Badminton<br>11:00 Horticulture Hour<br>12:00 Lunch<br>02:30 Entertainment: Lovesound<br>03:20 Stepping Out<br>04:00 Dominos  | 13<br>10:00 Craft Sessions with Manvir<br>10:45 Ladder Toss<br>11:00 Horticulture Hour<br>12:00 Lunch<br>02:00 Music Therapy<br>03:00 Brains and Banter<br>04:00 Dominos | <ul> <li>14</li> <li>10:00 Java Music</li> <li>11:00 For the Fun of Fit</li> <li>12:00 Lunch</li> <li>02:45 Horse Racing</li> <li>04:00 Circle of Friends: Beer &amp; Tattoo Social</li> </ul>                    | <ul> <li>15 Vendor: Simply Felt</li> <li>10:00 Irish Quiz</li> <li>11:00 Outing : Famous People's<br/>Players</li> <li>11:00 Brains and Banter</li> <li>12:00 Lunch</li> <li>02:30 For the Fun of Fit</li> <li>04:00 Stepping Out</li> </ul> | 16<br>10:00 In the Kitchen<br>11:00 St. Patrick's Activity<br>12:00 Lunch<br>02:30 For the Fun Of Fit<br>03:30 Feel & Fold<br>04:00 You & Me                             |
| <ul> <li>17 St. Patrick's Day</li> <li>09:30 Virtual Catholic Mass</li> <li>10:45 For the Fun of Fit: To Irish Music</li> <li>12:00 Lunch</li> <li>02:30 St. Patrick Day Festivities</li> <li>04:00 You &amp; Me</li> </ul> | <ul> <li>18 Easter Orthodox Lent Begins</li> <li>10:00 Manicures</li> <li>11:00 Easter Crafts</li> <li>12:00 Lunch</li> <li>02:30 For the Fun of Fit</li> <li>04:00 Feel &amp; Fold</li> </ul> | <ul> <li>19 Spring Begins</li> <li>10:00 Easter Wreath</li> <li>11:00 For the Fun of Fit</li> <li>11:00 Horticulture Hour</li> <li>02:00 Outing: La Rose Park</li> <li>02:30 Floral Arranging</li> <li>04:00 Word Search</li> </ul> | 20<br>12:00 Lunch<br>02:00 Music Therapy<br>02:00 You and Me<br>03:00 Brains & Banters<br>04:00 Feel & Fold<br>05:00 Dinner<br>06:30 Italian Club                        | 21<br>10:00 For the Fun of Fit<br>11:00 Dominos<br>12:00 Lunch<br>02:30 Bowling<br>03:00 Resident Council<br>04:00 You & Me   | 22<br>10:00 Concerts in Care<br>11:00 Balloon Badminton<br>12:00 Lunch<br>02:30 Stepping Out<br>03:00 Easter Bingo<br>04:00 Dominos  | <ul> <li>23</li> <li>09:45 Musical Moments</li> <li>10:45Express Yourself</li> <li>12:00 Lunch</li> <li>02:30 For the Fun of Fit</li> <li>04:00 Easter Basket</li> </ul> |
| <ul> <li>24 Palm Sunday</li> <li>10:00 Hymn Sing</li> <li>10:45 Express Yourself</li> <li>12:00 Lunch</li> <li>02:30 For the Fun of Fit</li> <li>04:00 You &amp; Me</li> </ul>  | 25 Holi Day Celebrations<br>09:45 Express Yourself: Holi<br>11:00 Exercise<br>12:00 Lunch<br>02:30 Birthday Concert<br>04:00 Feel & Fold   | 26 Holi Day<br>09:45 Circle of Friends<br>11:00 Horticulture Hour<br>11:00 Brains and Banter<br>12:00 Lunch<br>02:30 Holi Day<br>04:00 Dominos  | 27<br>12:00 Lunch<br>02:00 Music Therapy<br>03:00 Bingo<br>04:20 Stepping Out<br>05:00 Dinner<br>06:30 Express Yourself  | <ul> <li>28 Vendor: Senior Mobile</li> <li>Clothing 10am-2pm</li> <li>10:00 Soothing Sensations</li> <li>11:00 For the Fun of Fit</li> <li>02:30 Easter Egg Dyeing</li> <li>03:30 Easter Word Scramble</li> </ul> | 29<br>10:00 Java Music<br>11:00 Stepping Out<br>12:00 Lunch<br>02:30 For the Fun of Fit<br>04:00 Circle Of Friends   | 30<br>09:45 Hymn Sing<br>10:45 For the Fun Of Fit<br>12:00 Lunch<br>02:30 Stepping Out<br>04:00 Word Search  |
| <ul> <li>31 Easter</li> <li>10:00 Virtual Sunday Mass</li> <li>10:45 Easter Trivia</li> <li>12:00 Lunch</li> <li>02:30 For the Fun of Fit</li> <li>04:00 Dominos</li> </ul>   |  |   |  |   |  |  |